



Omică? Noi vorbim ReMeNomică! Dumneavoastră?

*Câteva cuvinte despre relația noastră
ReMeNistă cu plantele, animalele și oamenii*

Calin Deleanu & Alina Nicolescu

calin.deleanu@yahoo.com

Romanian Academy,

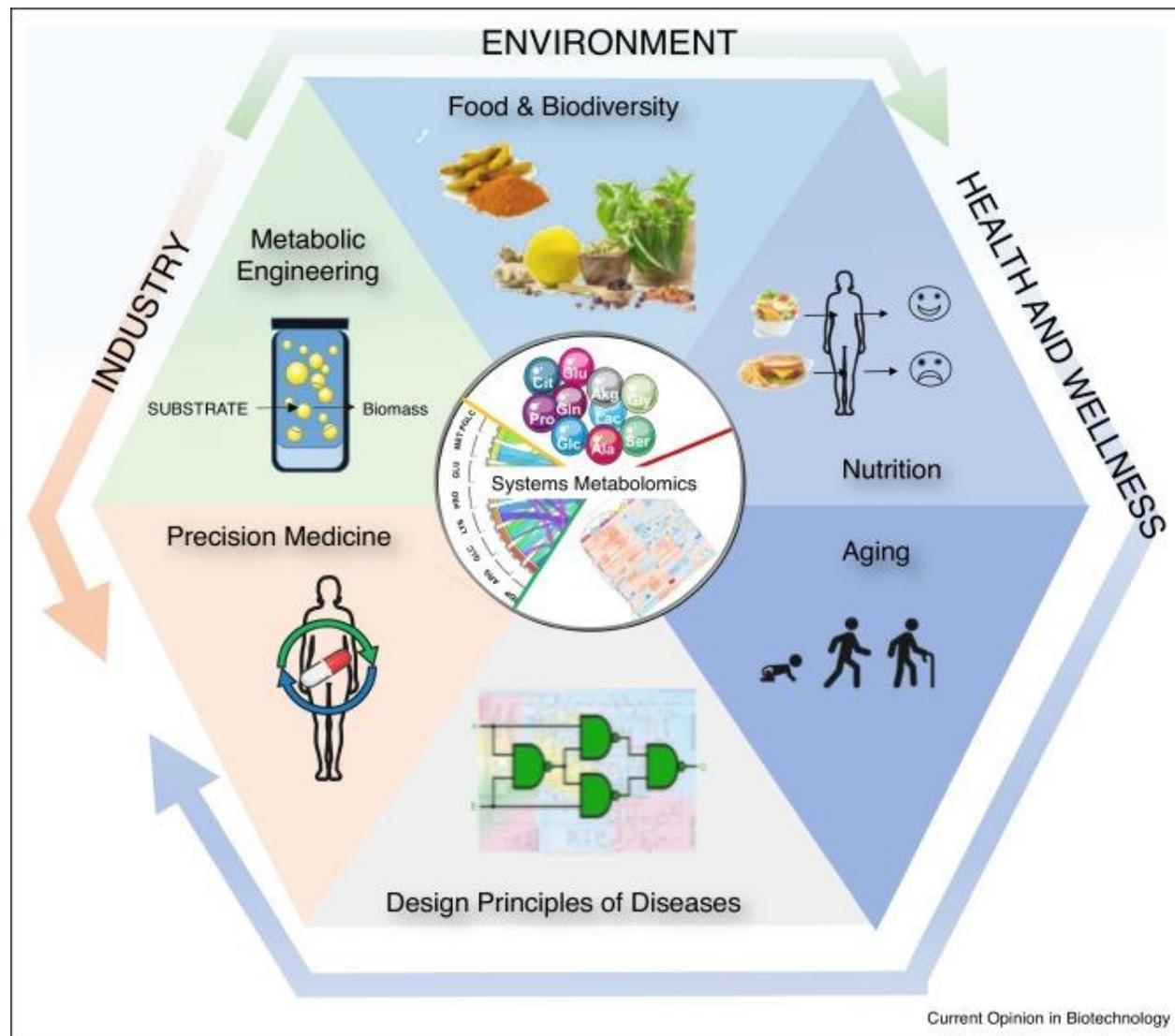
*“Costin D. Nenitescu” Institute of Organic and Supramolecular Chemistry,
Bucharest, Romania*

&

*“Petru Poni”, Institute of Macromolecular Chemistry,
Iasi, Romania*



Omică? Noi vorbim ReMeNomică!



Omics may be defined by

Field of application:

Medicine;
Agro/food sciences;
Wellness and health;
Nutrition;
Environment/Pollution;
Biochemical industry...

Types of multiparameters:

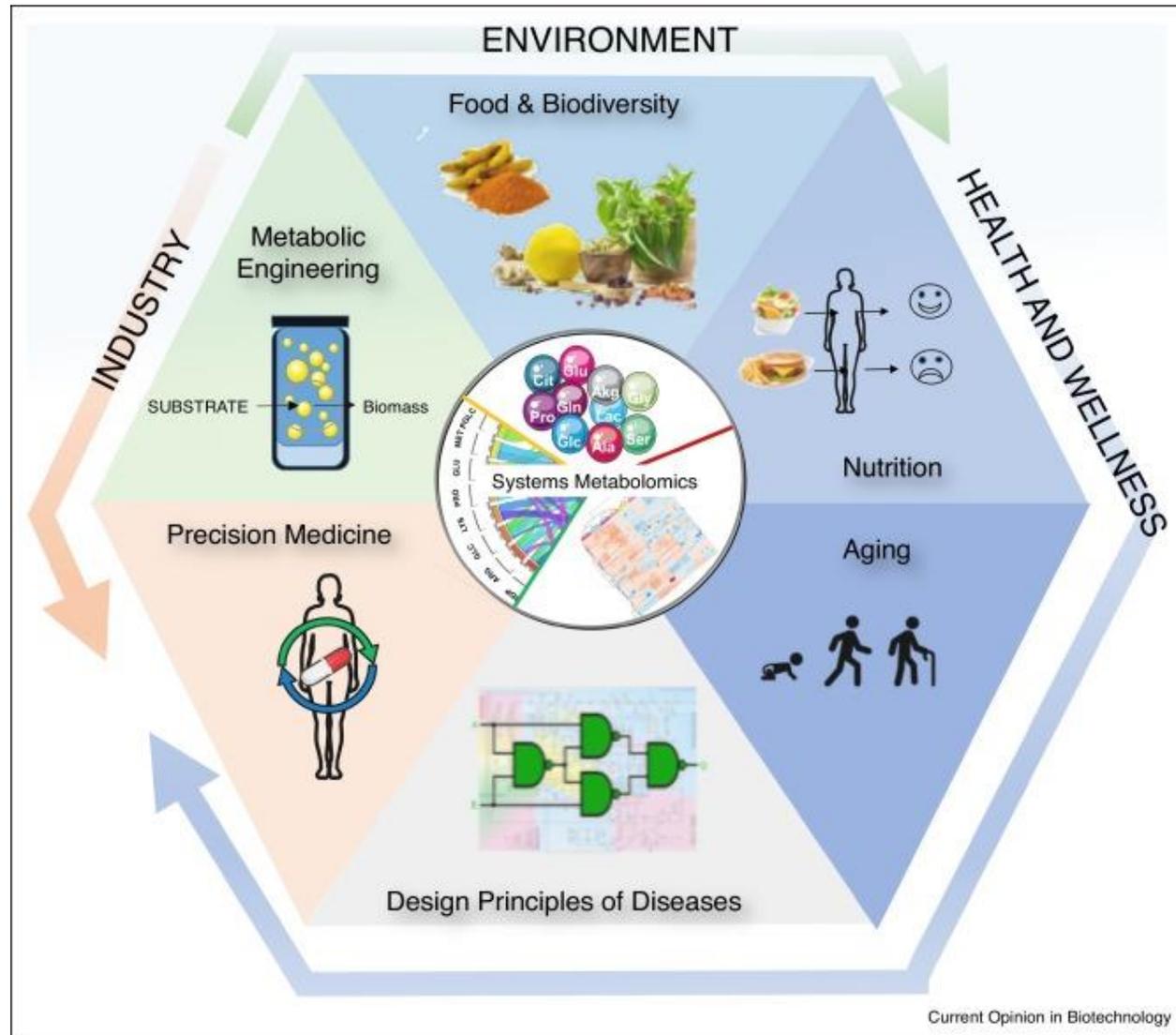
Genomics; Proteomics;
Lipidomics; Metabolomics;
Phenomics; Microbiomics;
Foodomics; Urinomics...

Methods/Techniques:

Chromatography;
Biochemistry;
Genetics (PCR, Sanger,
NGS, cytogenetics...)
MS; NMR...



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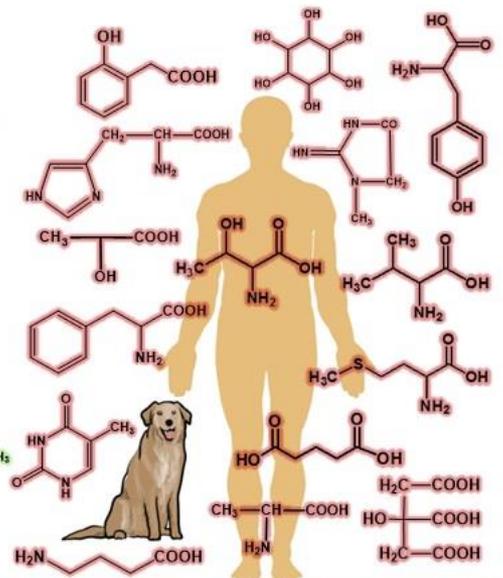
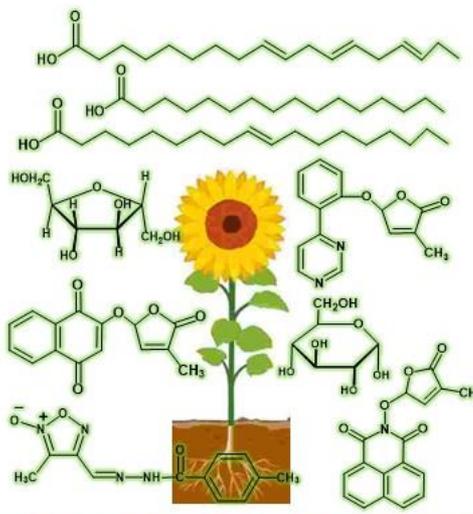
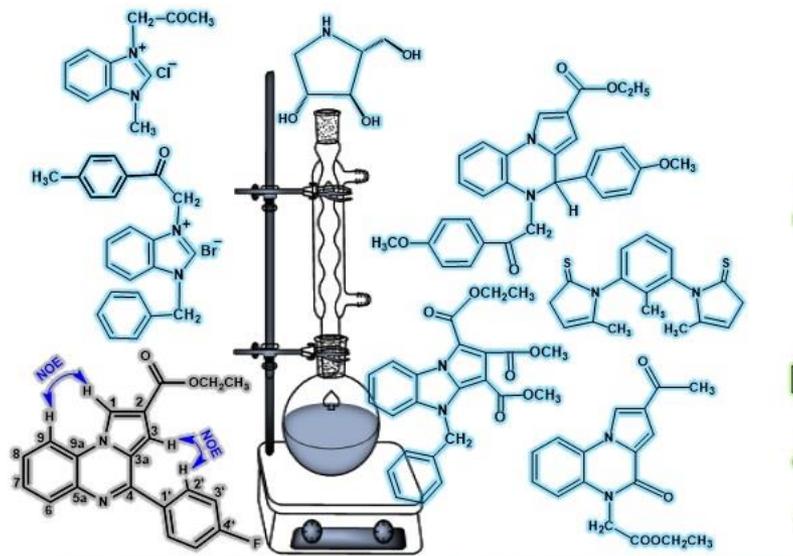
Biochemistry;

Genetics (PCR, Sanger,
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MS; NMR...



Câteva cuvinte despre relația noastră ReMeNistă cu plantele, animalele și oamenii



"Costin D. Nenitescu" Institute of Organic and Supramolecular Chemistry



"Petru Poni", Institute of Macromolecular Chemistry



**Structure
elucidation of
isolated
compounds**

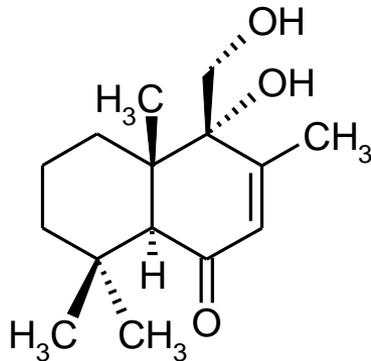


Isolated Compounds – Structure Elucidation

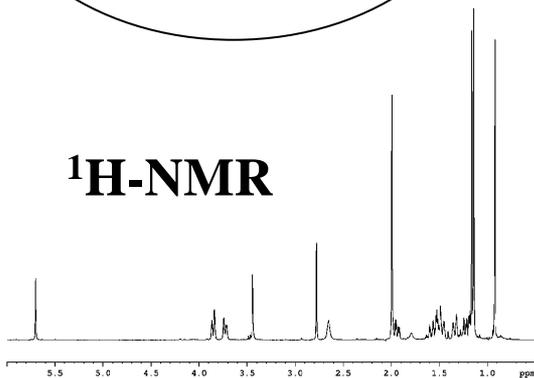


Structure elucidation of isolated compounds

Larixol, extracted from larch (*Larix decidua* L., *L. europea* L.) (RO: larice/zada)



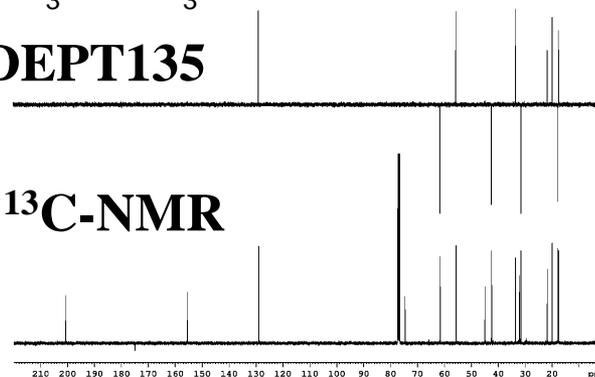
¹H-NMR



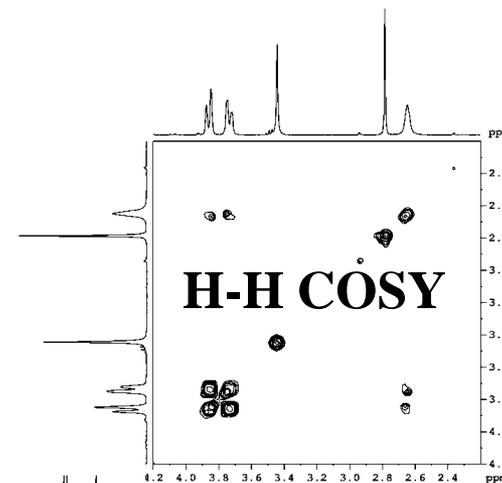
DEPT135



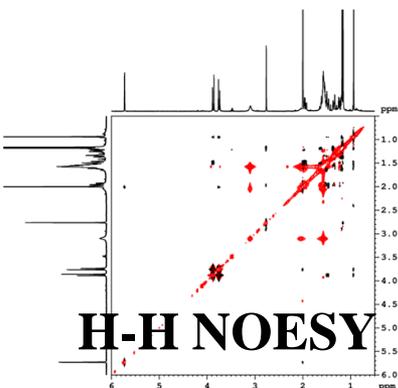
¹³C-NMR



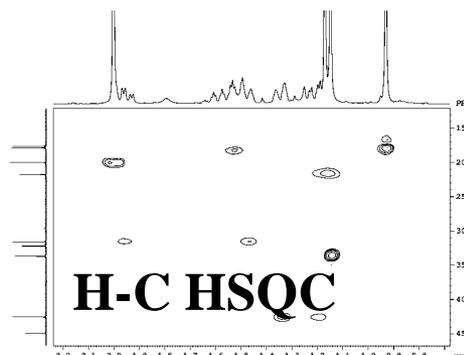
H-H COSY



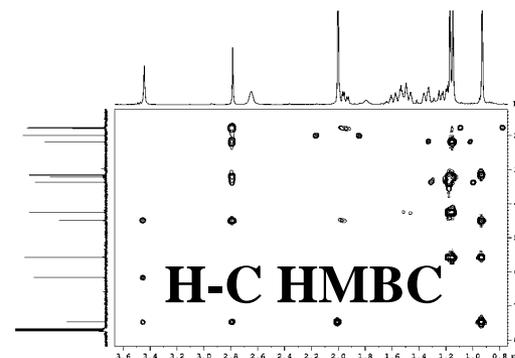
H-H NOESY



H-C HSQC



H-C HMBC





**Structure
elucidation of
isolated
compounds**

**Foods/Plant
metabolism**



Plant metabolism (Tomatoes)



Metabolic pathways

Ripening



Varieties



Shelf life



Degradation



Vegetable waste recycling

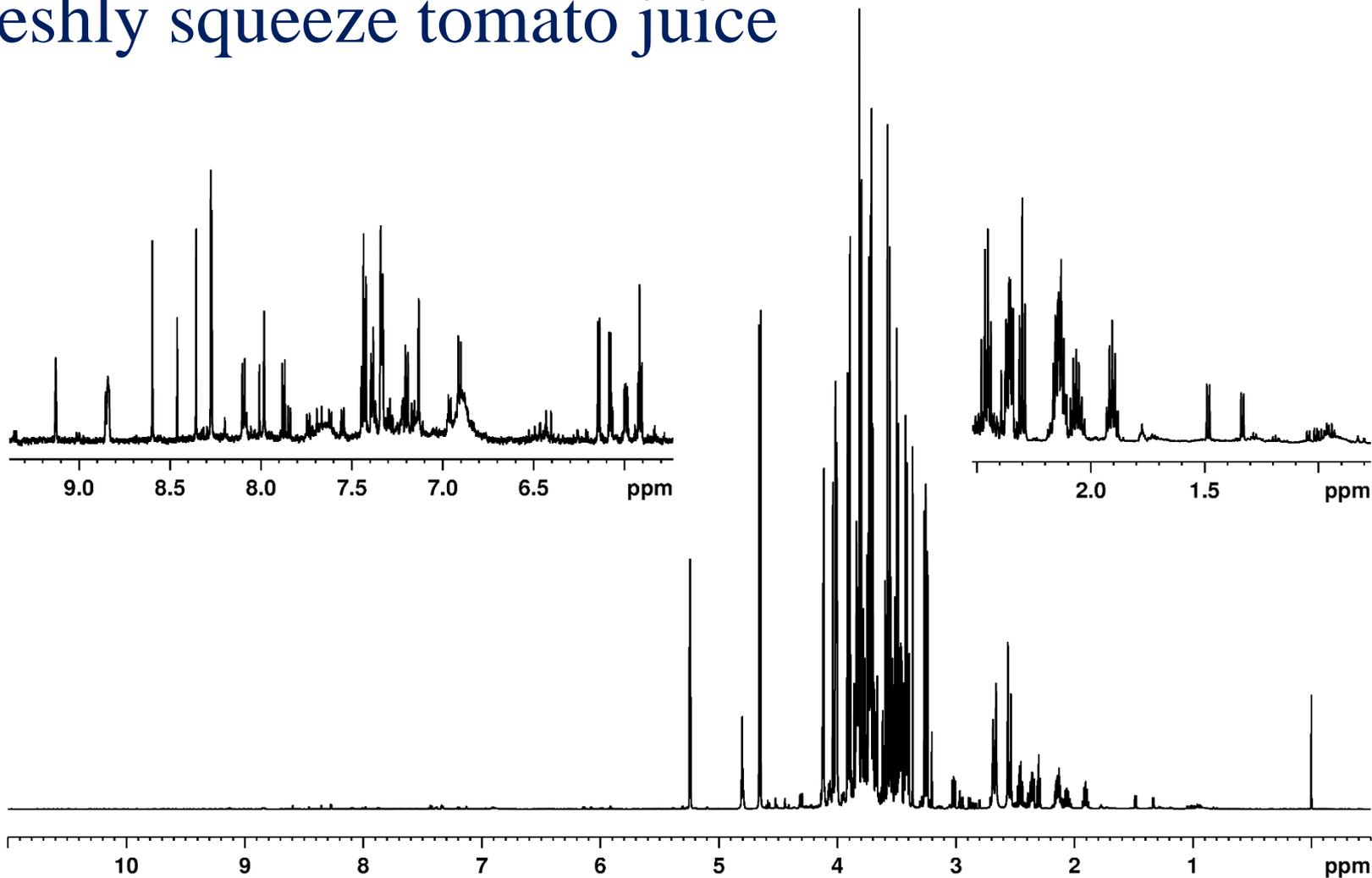




NMR metabolomics (Tomatoes)



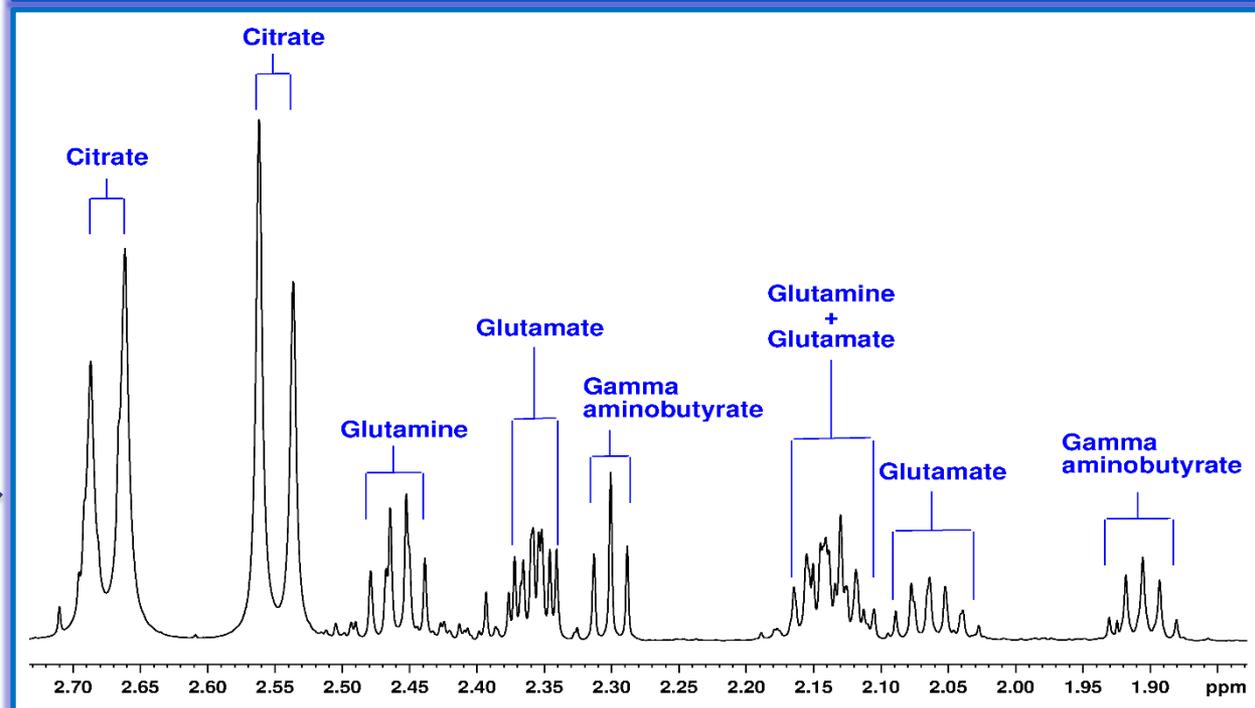
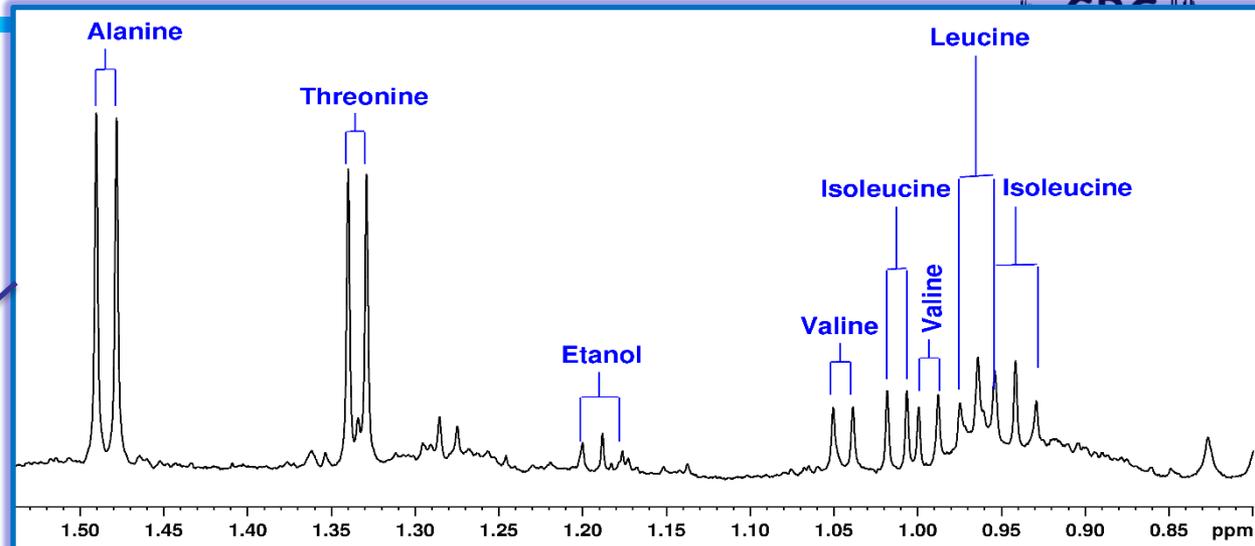
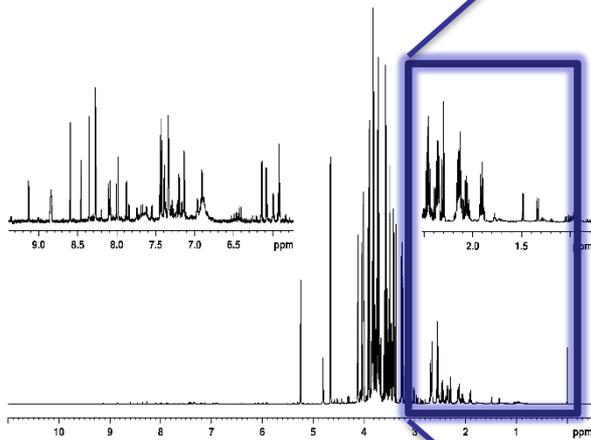
^1H NMR with water suppression
Freshly squeeze tomato juice





NMR metabolomics (Tomatoes)

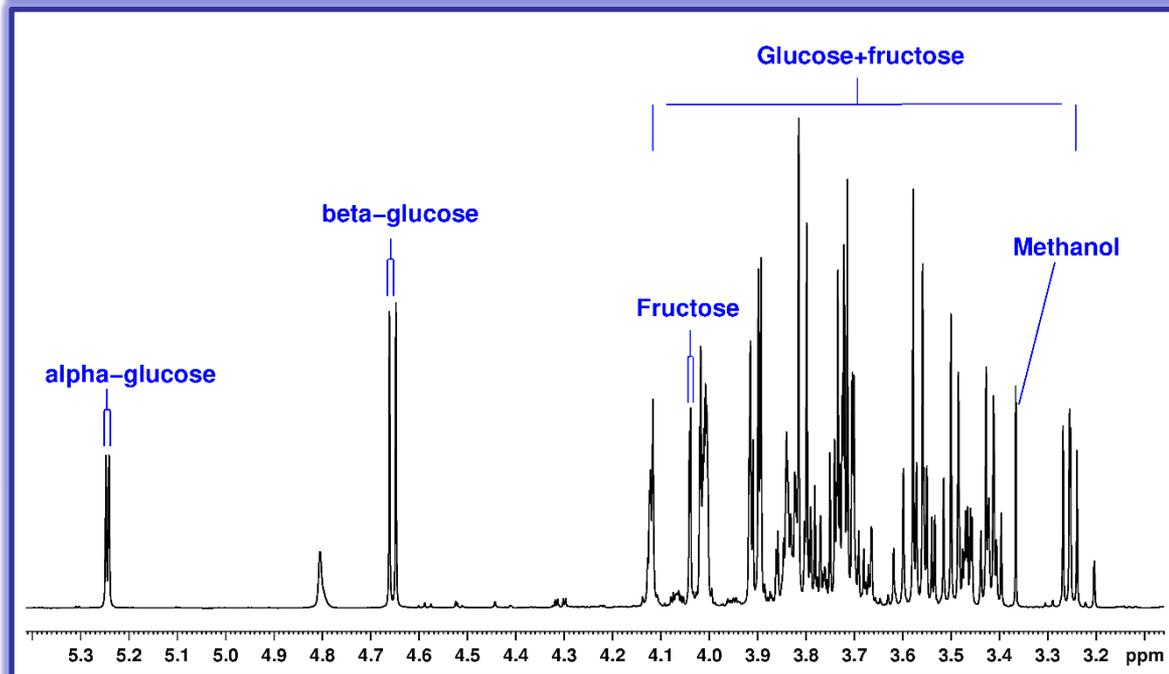
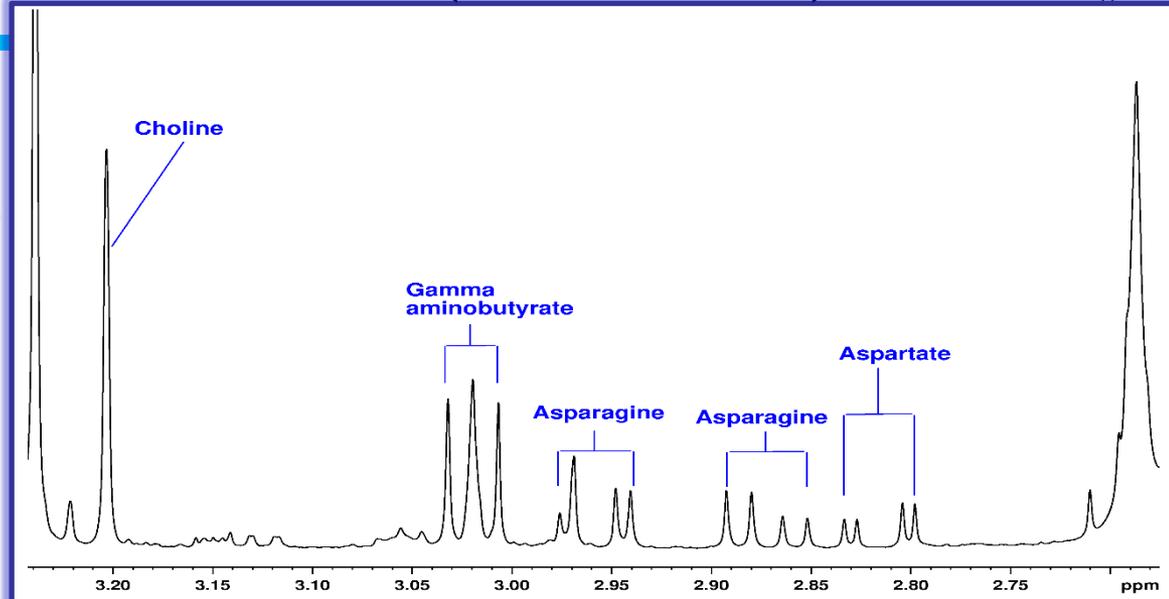
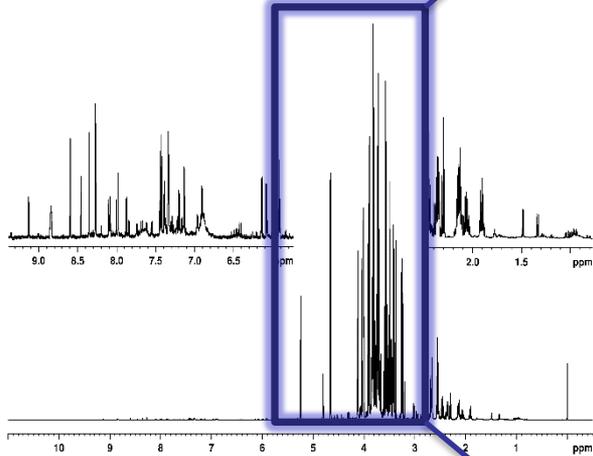
¹H NMR with water suppression
Freshly squeeze tomato juice





NMR metabolomics (Tomatoes)

^1H NMR with water suppression
Freshly squeeze tomato juice

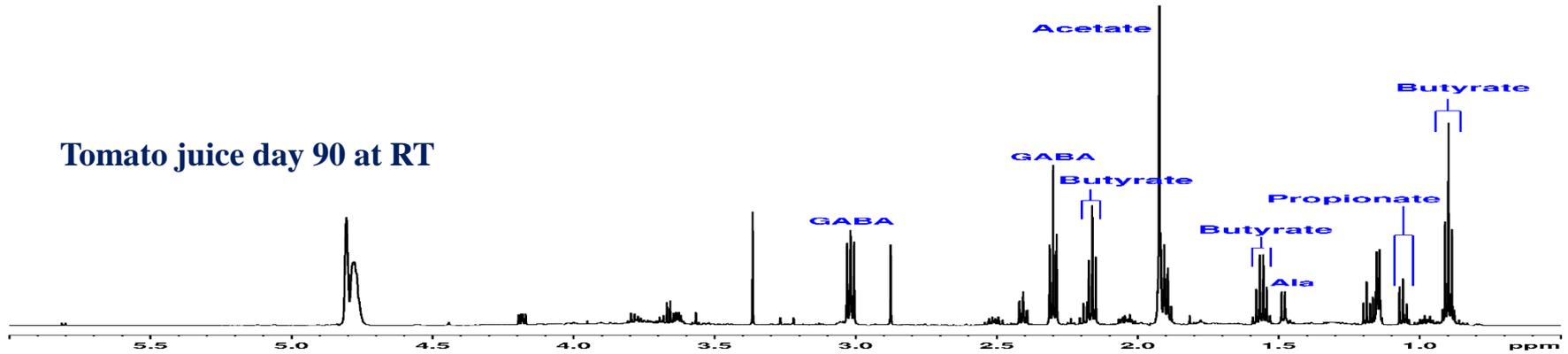




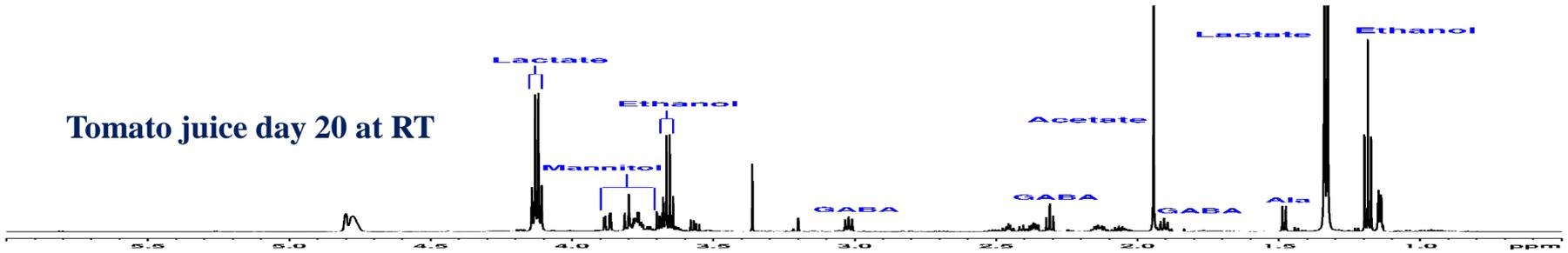
NMR metabolomics (Tomatoes)



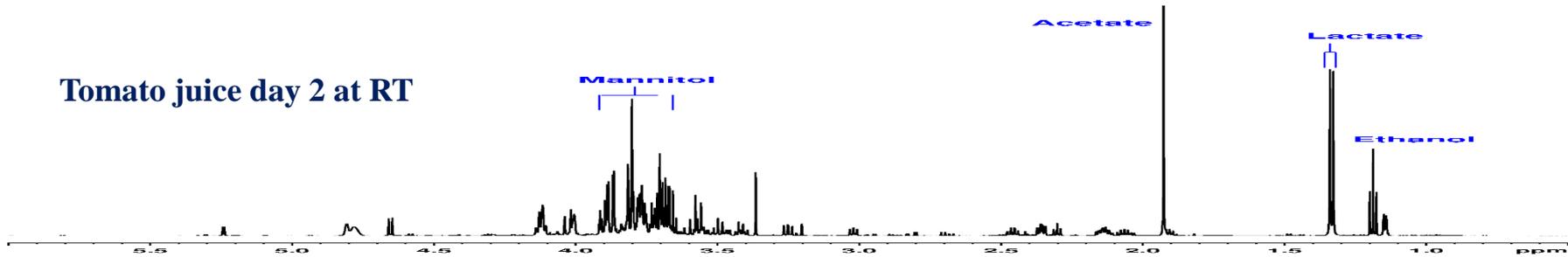
Tomato juice day 90 at RT



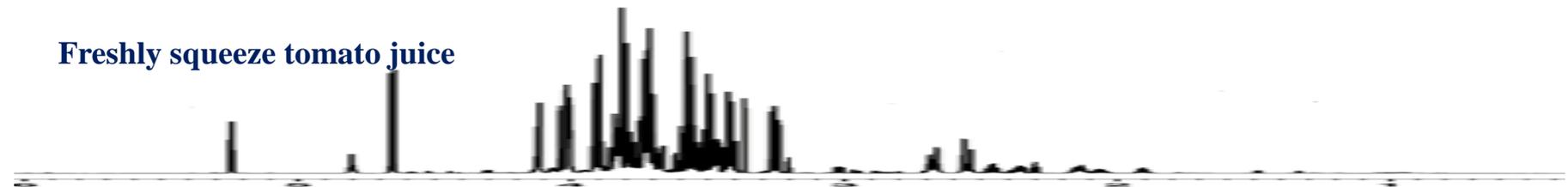
Tomato juice day 20 at RT



Tomato juice day 2 at RT



Freshly squeeze tomato juice

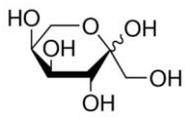




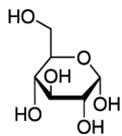
NMR metabolomics (Tomatoes)



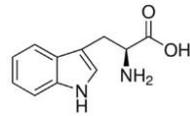
26 metabolites followed by NMR spectroscopy over 8 months (250 days).



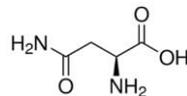
Fructose



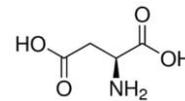
Glucose



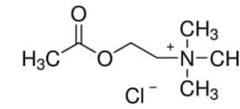
Tryptophane



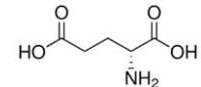
Asparagine



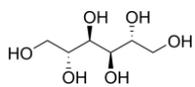
Aspartic acid



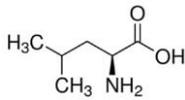
Acetyl choline



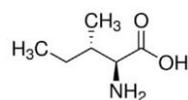
Glutamic acid



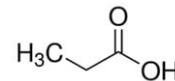
Mannitol



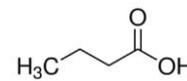
Leucine



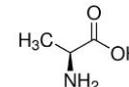
iso-Leucine



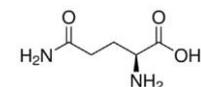
Propionic acid



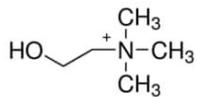
Butyric acid



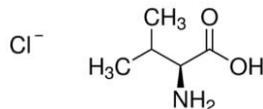
Alanine



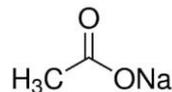
Glutamine



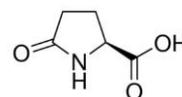
Choline



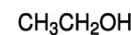
Valine



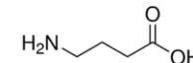
Acetate



Pyroglutamic acid

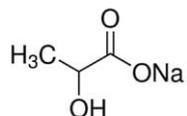


Ethanol

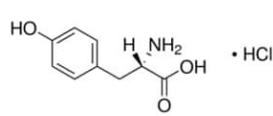


GABA

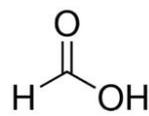
CH₃OH



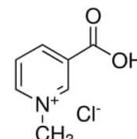
Lactate



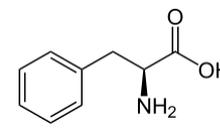
Tyrosine



Formic acid



Trigonelline



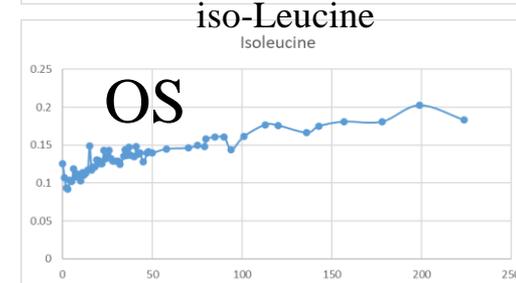
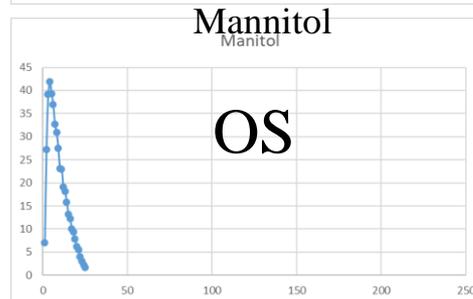
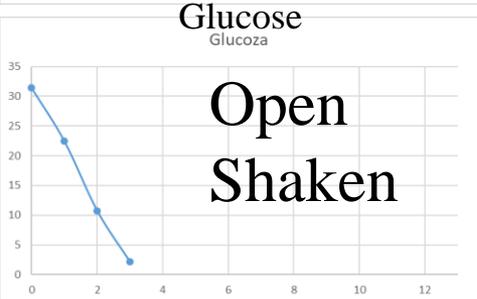
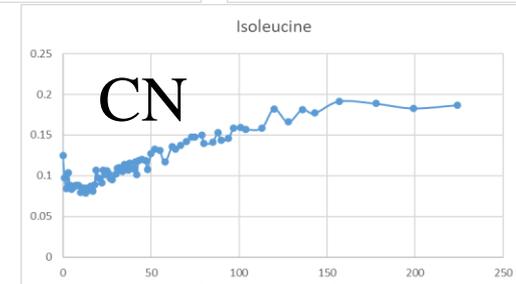
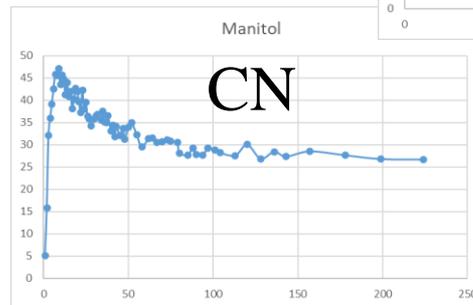
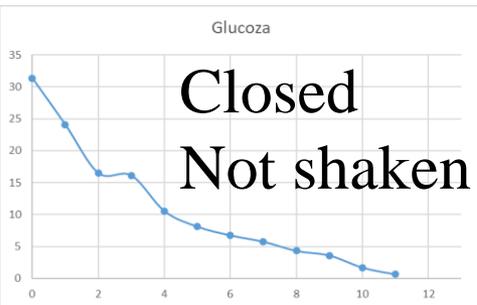
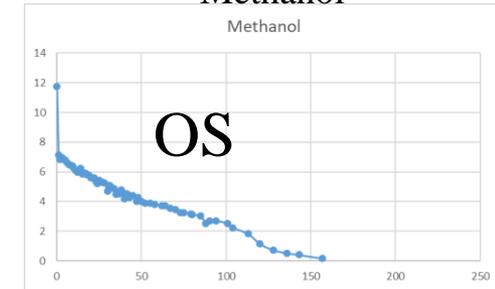
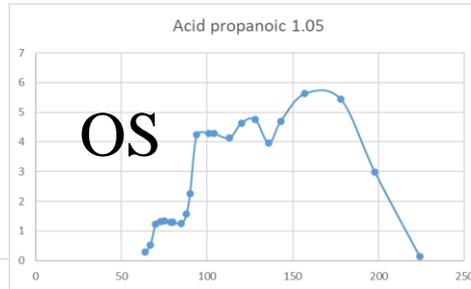
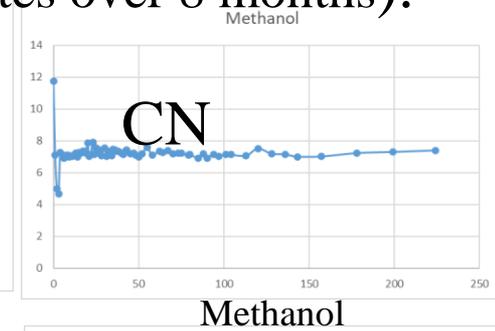
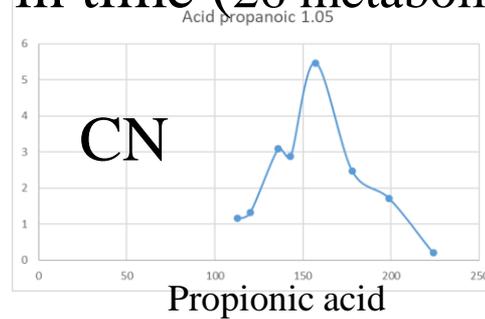
Phenylalanine



NMR metabolomics (Tomatoes)



Types of concentration evolutions in time (26 metabolites over 8 months).





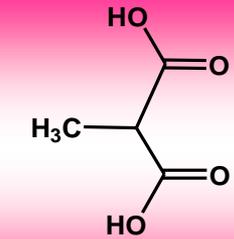
**Structure
elucidation of
isolated
compounds**

**Foods/Plant
metabolism**

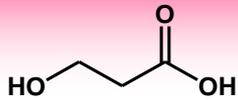
**Rare metabolic
diseases**



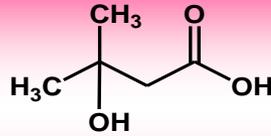
Rare diseases - Methylmalonic aciduria (MMA)



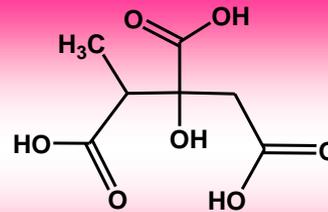
Methylmalonic acid



3-hydroxypropionic acid

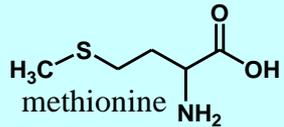


3-hydroxyisovaleric acid

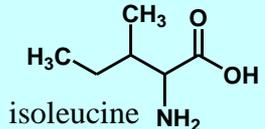


2-methylcitric acid

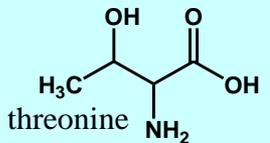
Odd chain fatty acids



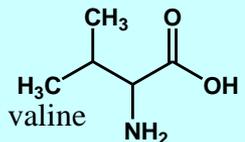
methionine



isoleucine

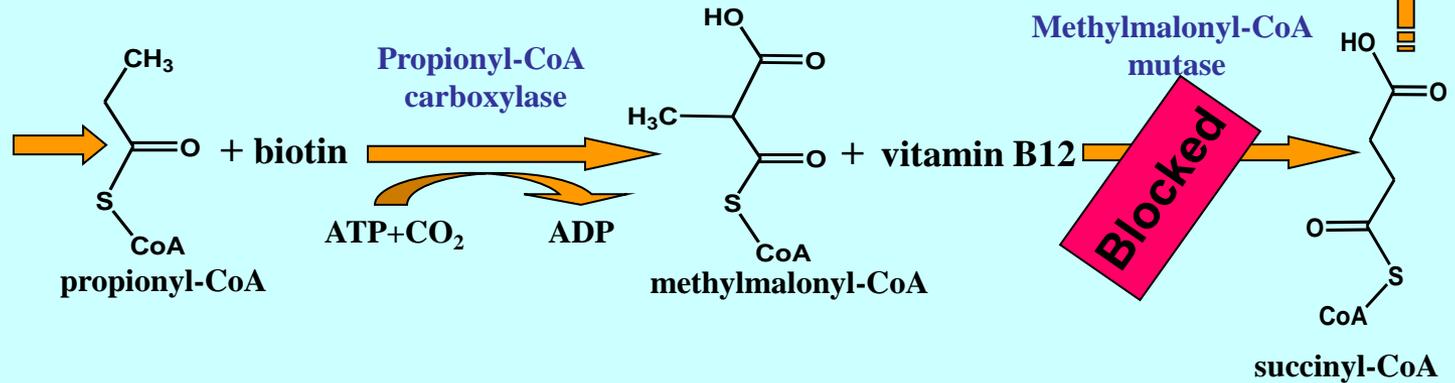


threonine

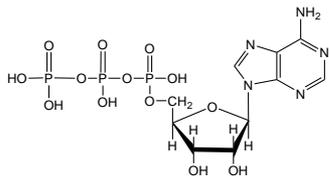


valine

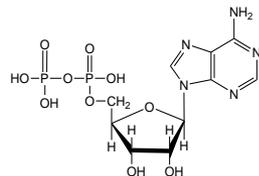
Schematic representation of the methylmalonic metabolism



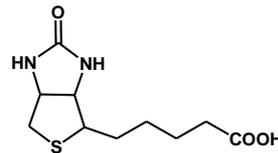
ATP-adenosine triphosphate



ADP-adenosine diphosphate



Biotin





BACKGROUND

Methylmalonic aciduria is an inherited (autosomal recessive) disorder in which the body is unable to process certain proteins and fats (lipids) properly.

The effects of methylmalonic aciduria, which usually appear in early infancy, vary from mild to life-threatening.

Condition occurs in an estimated 1 in 50,000 to 100,000 people.

Treatment : consists of **vit. B12 and carnitine supplements and a low-protein diet**. The child's diet must be carefully controlled.

If supplements do not help, the doctor may also recommend a **diet that avoids isoleucine, threonine, methionine, and valine**.

Liver or kidney transplantation (or both) have been shown to help some patients. These transplants provide the body with new cells that help breakdown methylmalonic acid normally.



Rare diseases - Methylmalonic aciduria (MMA)



Symptoms: Affected infants experience vomiting, dehydration, weak muscle tone (hypotonia), excessive tiredness (lethargy), and failure to gain weight and grow at the expected rate.

Long-term complications can include feeding problems, intellectual disability, chronic kidney disease, and inflammation of the pancreas (pancreatitis).

Without treatment, this disorder can lead to coma and death in some cases.

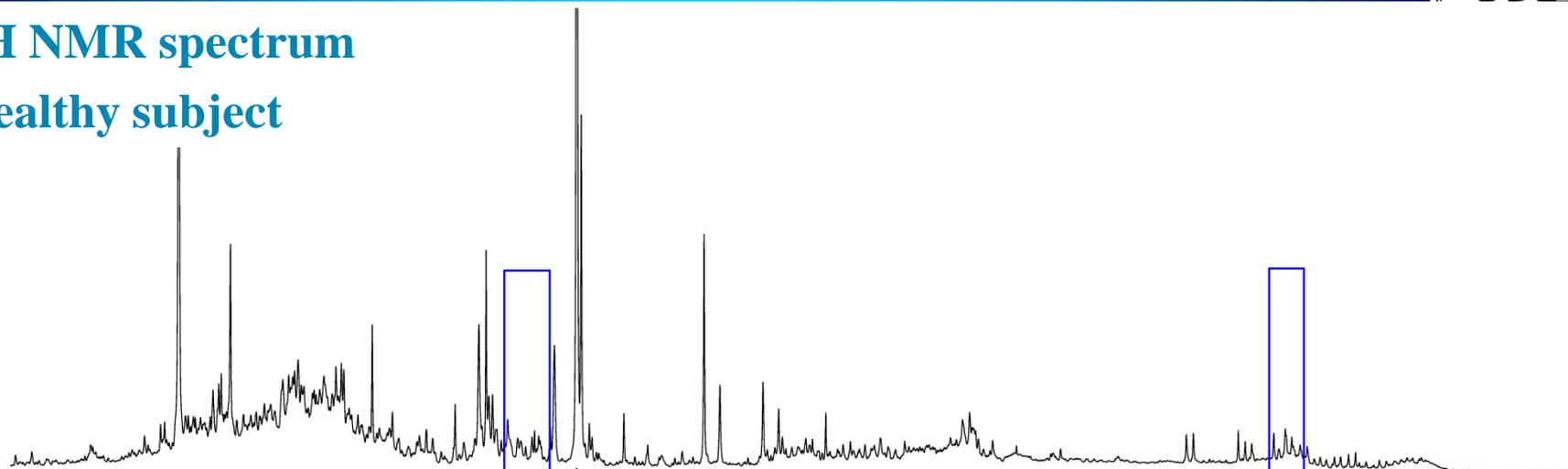


Rare diseases - Methylmalonic aciduria (MMA)



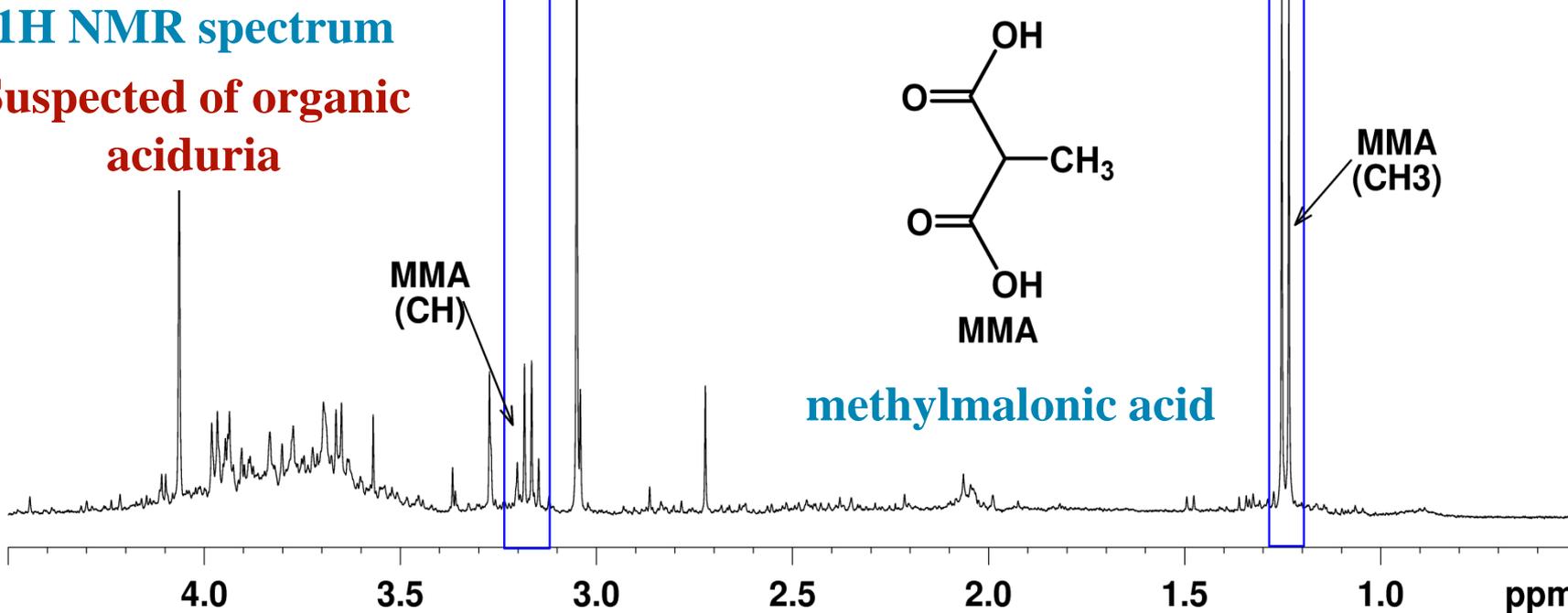
1H NMR spectrum

Healthy subject



1H NMR spectrum

Suspected of organic aciduria

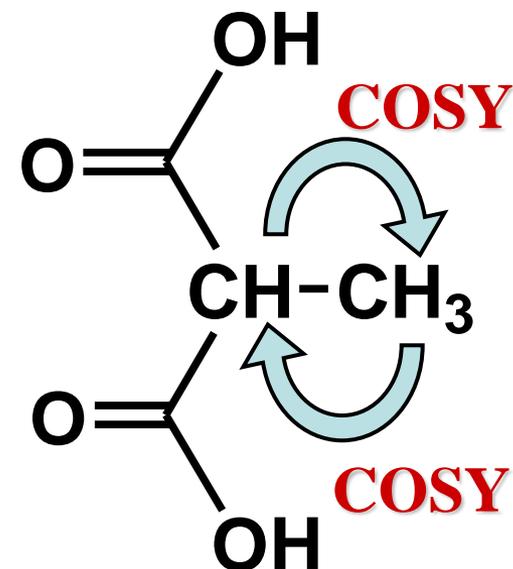
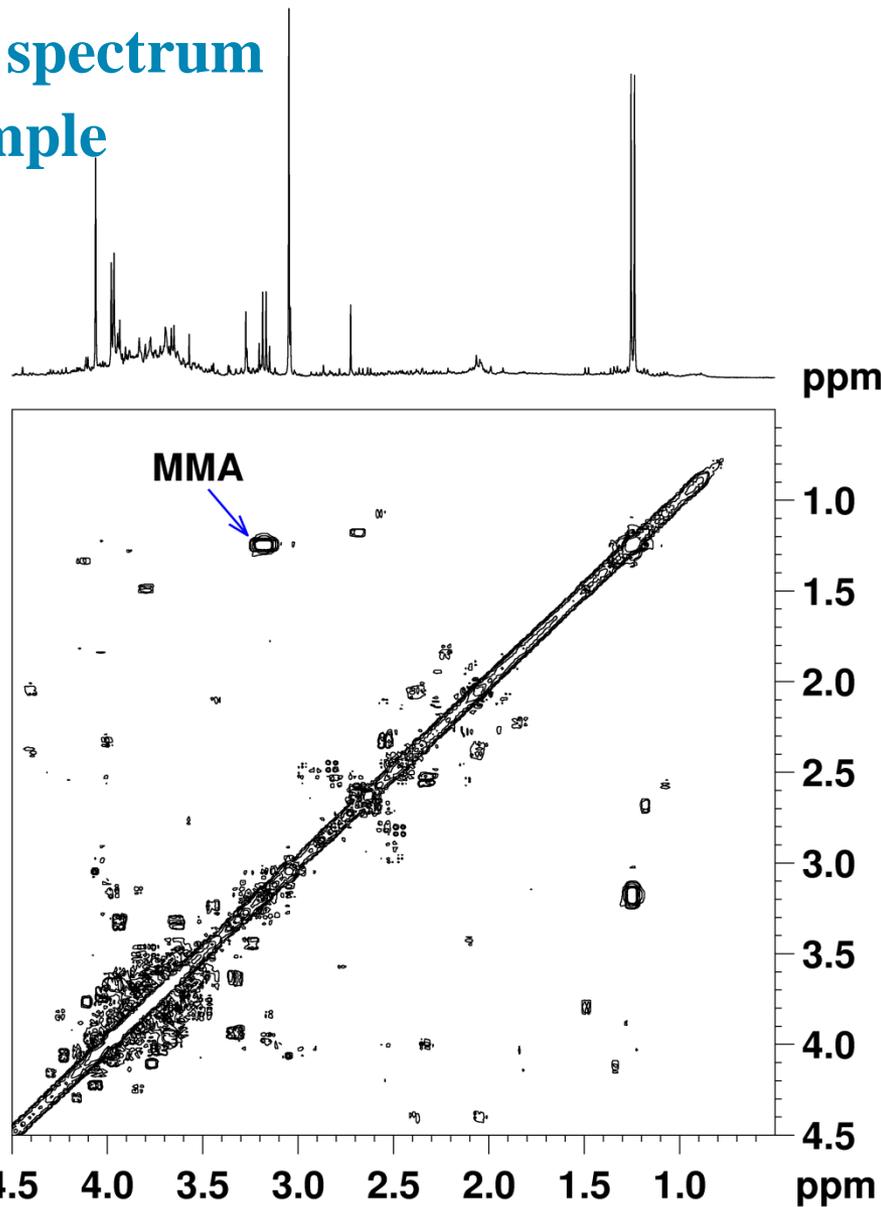




Rare diseases - Methylmalonic aciduria (MMA)



**H,H COSY spectrum
of urine sample**



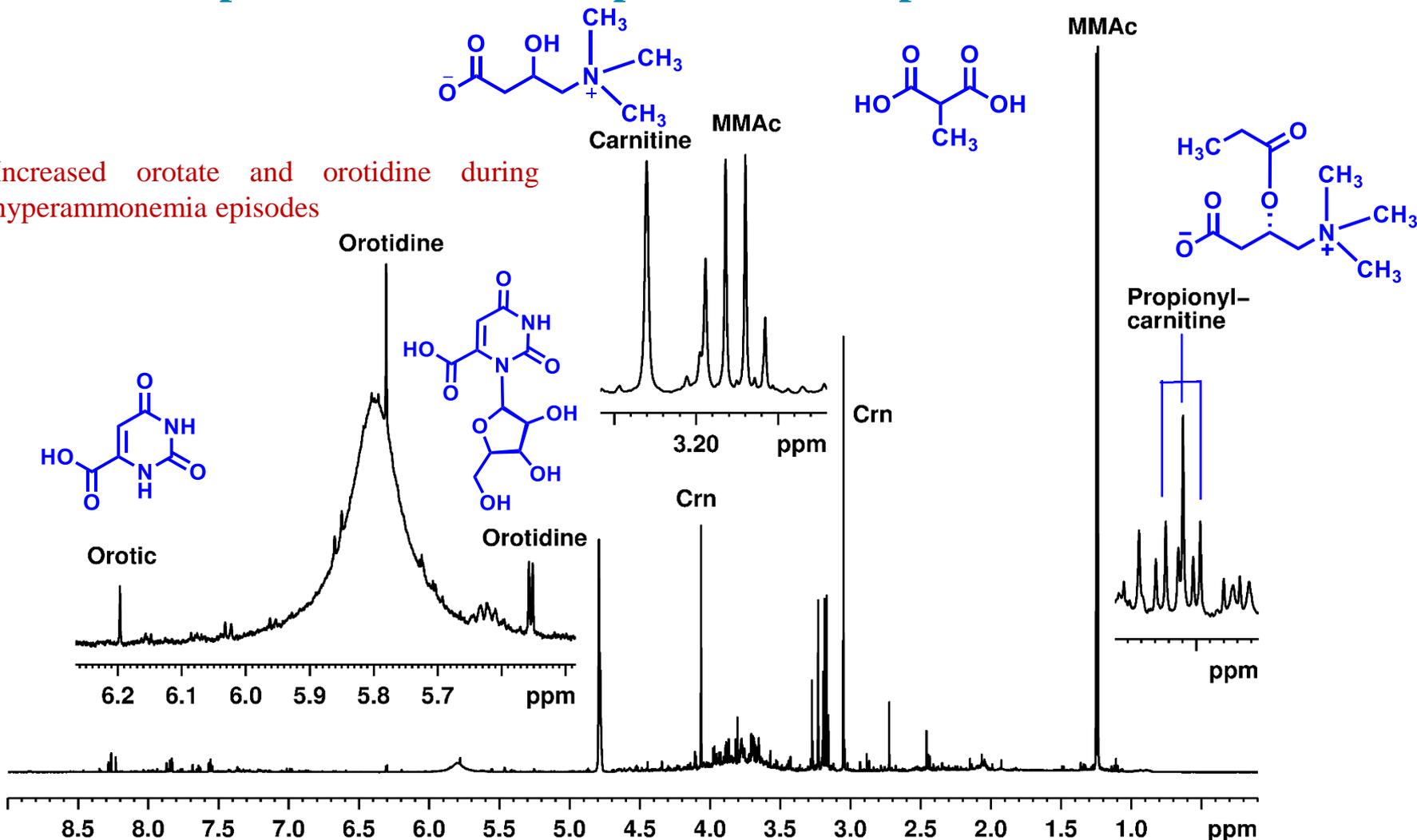


Rare diseases - Methylmalonic aciduria (MMA)



^1H NMR spectrum of urine sample from MMA patient under treatment

Increased orotate and orotidine during hyperammonemia episodes



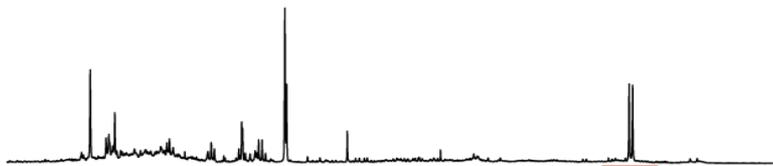


Rare diseases - Methylmalonic aciduria (MMA)

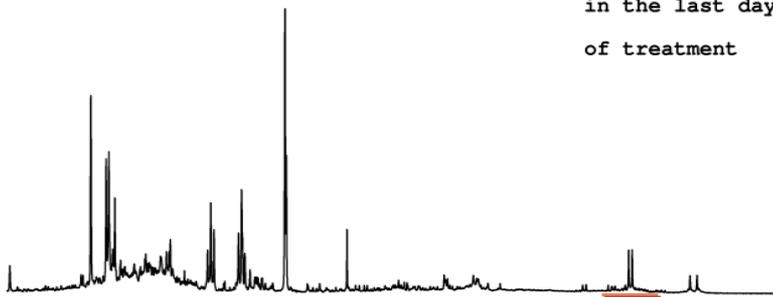


NMR Results – 2.5 years old boy from Chisinau

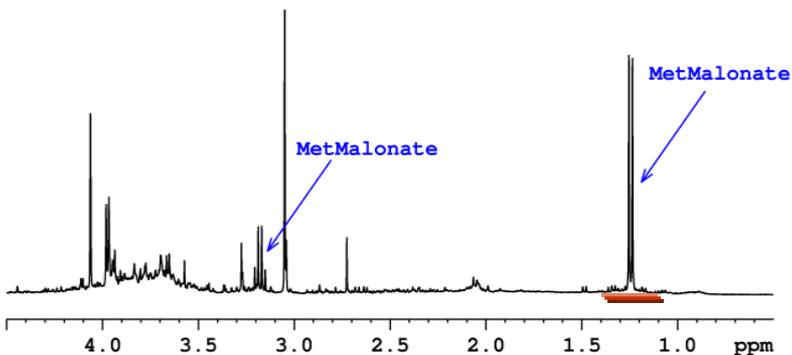
after 2 days without treatment



in the last day of treatment



before treatment



The treatment consists of a specific diet and administration of vitamin B12 1 mg/day and folic acid 5 mg/day.

Sample	Methylmalonic acid [mmol/l]	Methylmalonic acid [mmol / mol Crn]
PL-1-nov2010-1 (Before treatment)	4.78	1631.40
PL-1-ian2011-1A (with treatment)	0.82	262.82
PL-1-ian2011-1B (without treatment)	1.46	1020.98

Normal values in urine for children 1-13 yrs. old: 8.2 (1.5-30.8) mmol/mol Crn. (HMDB)

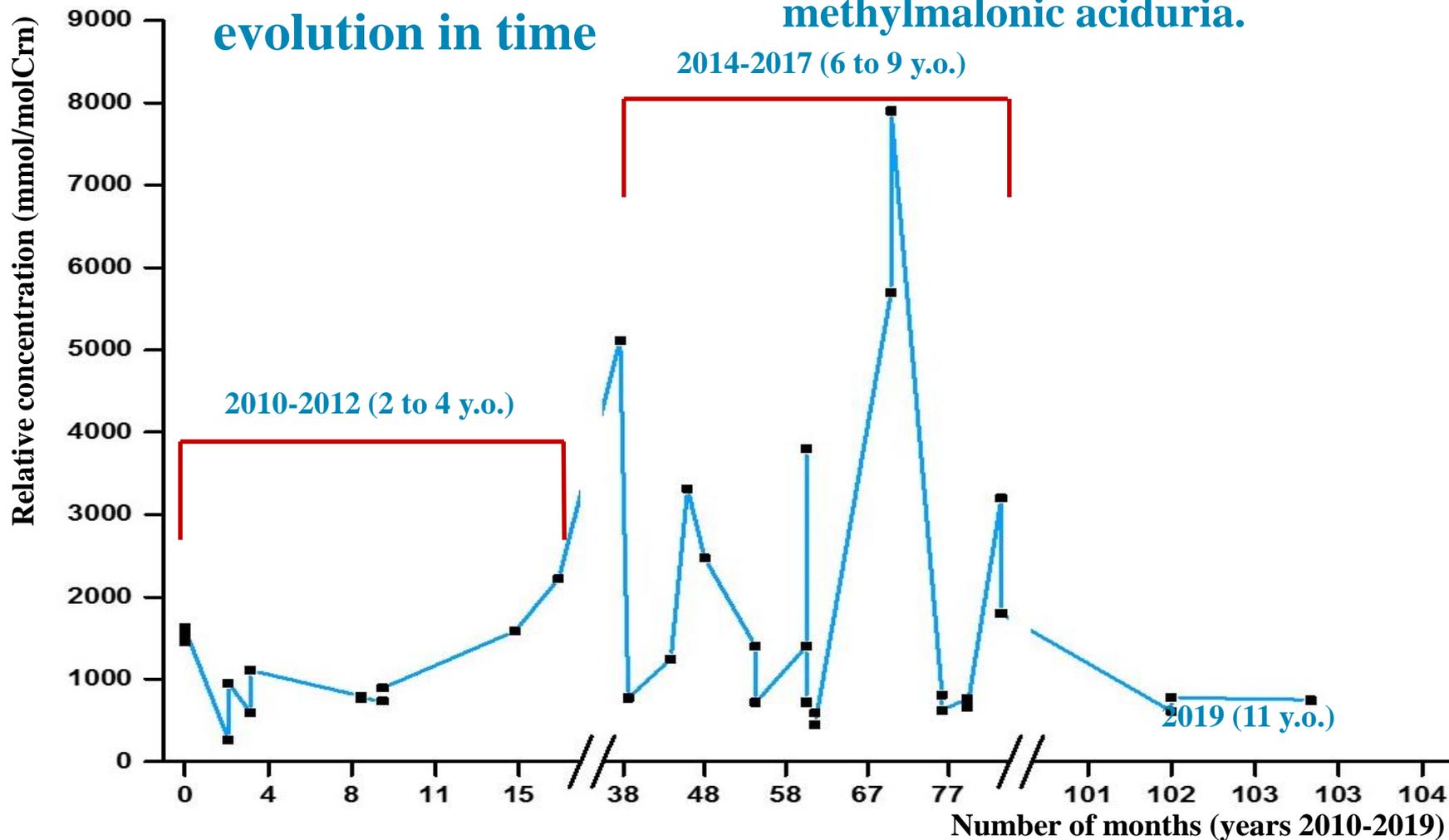
200 times more than normal average!!! – before treatment.



Rare diseases - Methylmalonic aciduria (MMA)

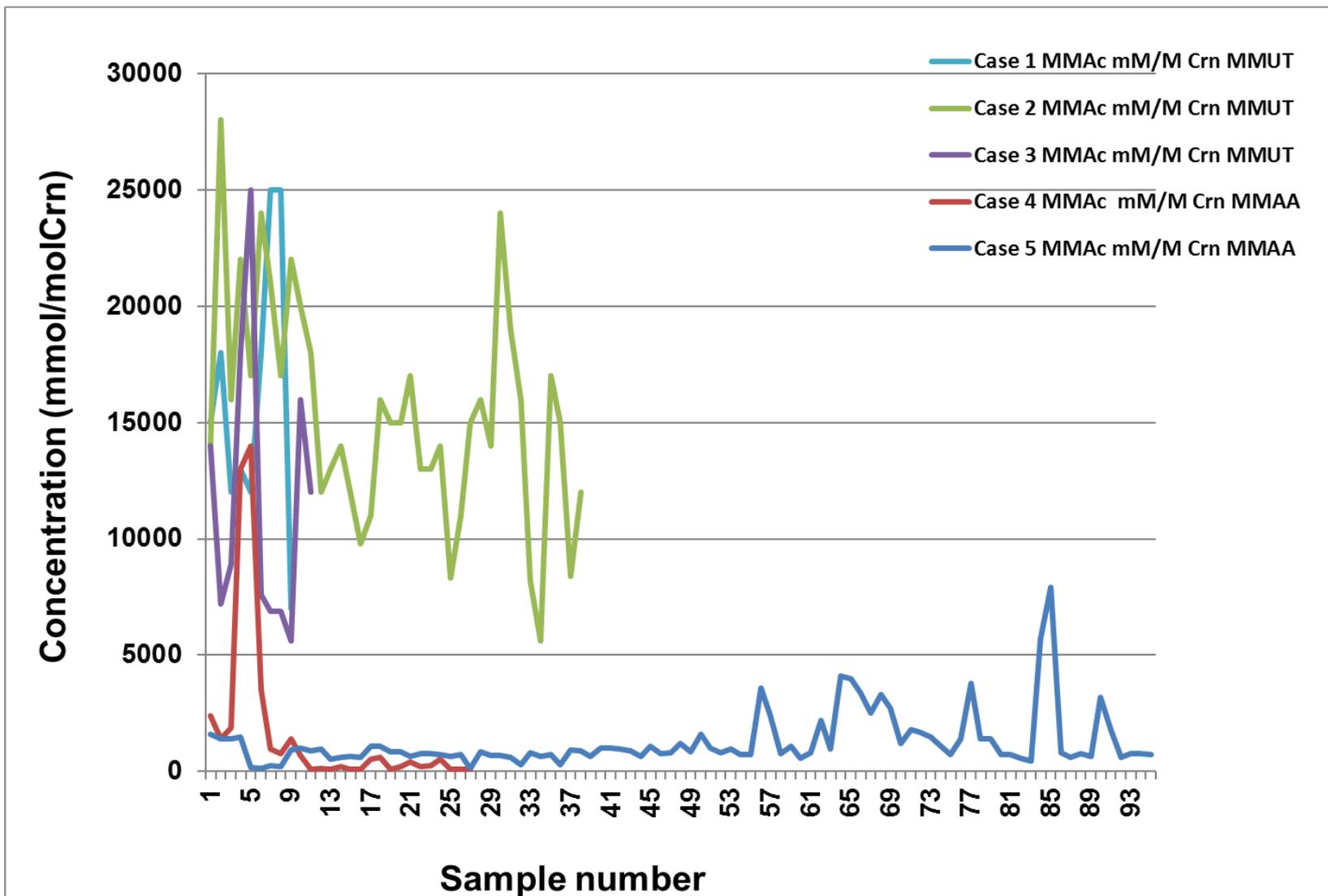


Methylmalonic acid evolution in time 2.5 years old boy from Chisinau with methylmalonic aciduria.





Rare diseases - Methylmalonic aciduria (MMA)

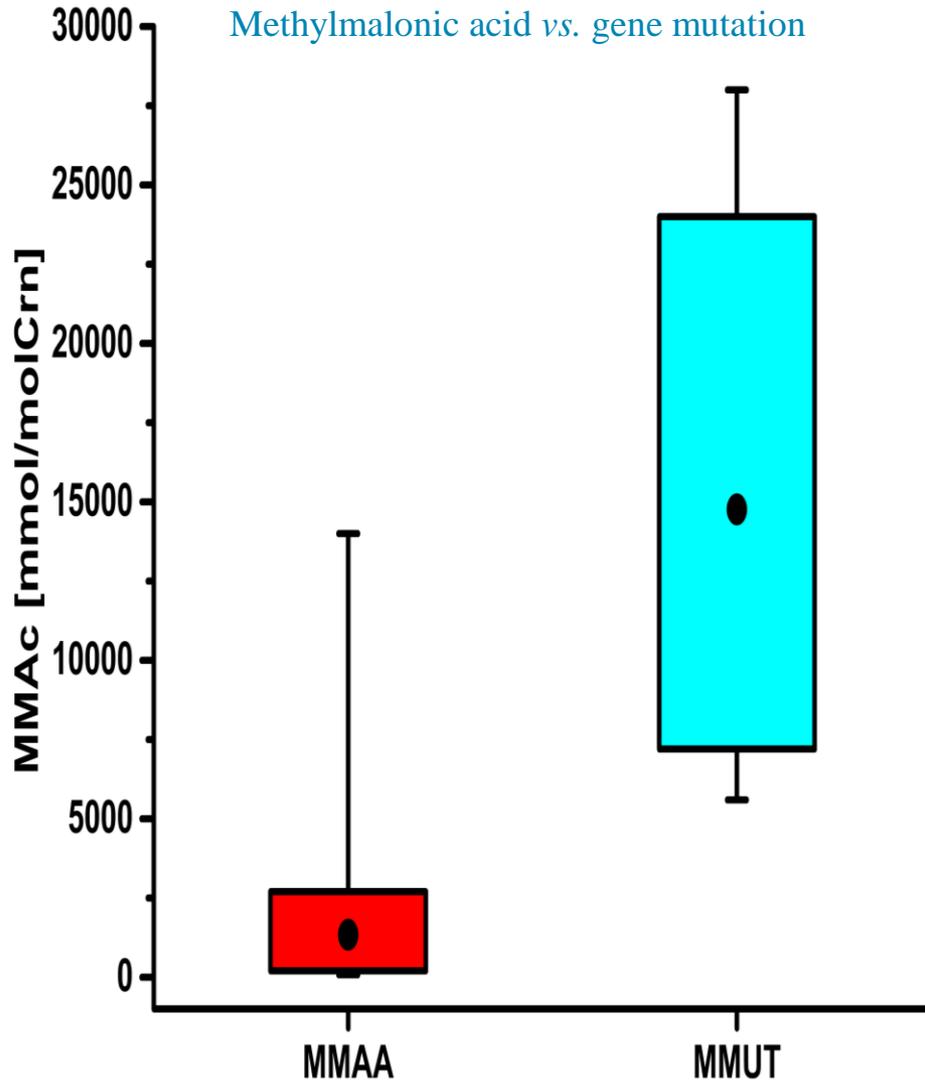




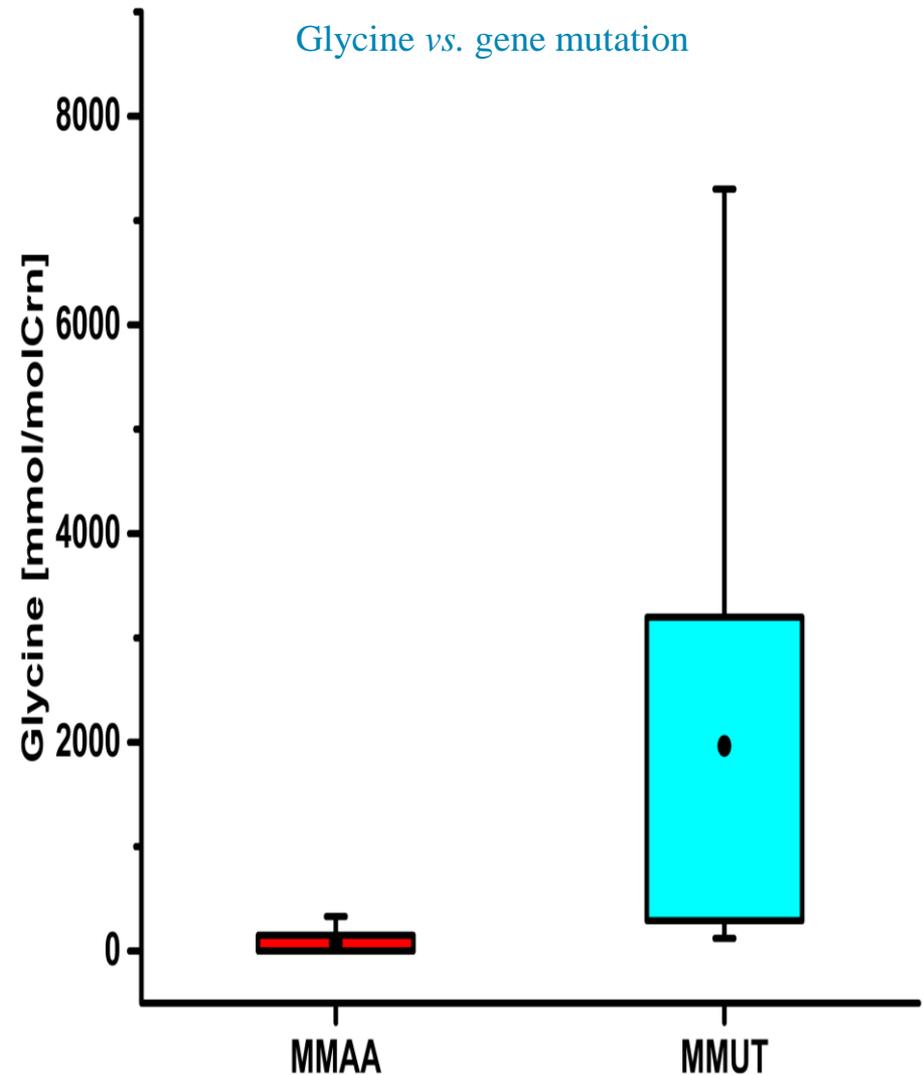
Rare diseases - Methylmalonic aciduria (MMA)



Methylmalonic acid vs. gene mutation



Glycine vs. gene mutation





**Structure
elucidation of
isolated
compounds**

**Foods/Plant
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**Rare metabolic
diseases**

**Cardiovascular
conditions**



Cardiovascular diseases (CVD)



HDL: High Density Lipoproteins, known as “Good Cholesterol” are large, dense protein fat particles that circulate in the blood picking up already used or unused cholesterol and taking them back to the liver as part of a recycling process. HDL's are associated with a lower risk of cardiovascular disease

LDL: Low Density Lipoproteins also known as “Bad Cholesterol” transport the cholesterol but carry it into the tissues of the body, including arteries thus LDL are associated with higher risks of cardiovascular disease.

VLDL: Very Low Density Lipoproteins are produced by the liver, and contain relatively large amount of triglycerides. Triglycerides are used as energy reserved and are consumed by the body during physical efforts.

VLDL, HDL and LDL are divided in Subclasses



Cardiovascular diseases (CVD)



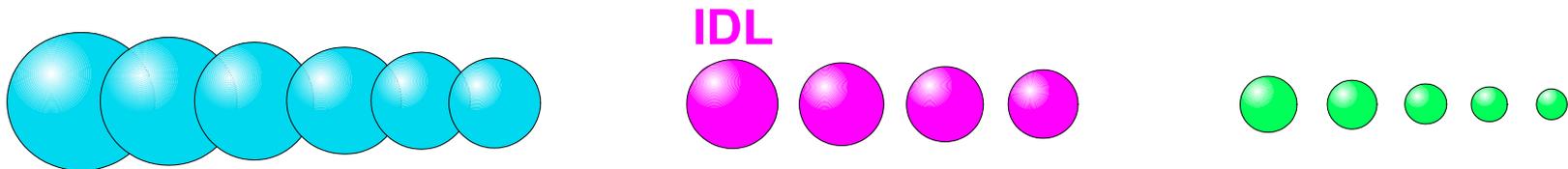
Traditional method (centrifugation)

Total Cholesterol (+)

Fractionation ↓ (minutes)

VLDL-C (+) + **LDL-C (+)** + **HDL-C (-)**

Subfractionation ↓ (many hours)



Association with CHD: Positive (bad) (+) or Negative (good) (-)



Cardiovascular diseases (CVD)

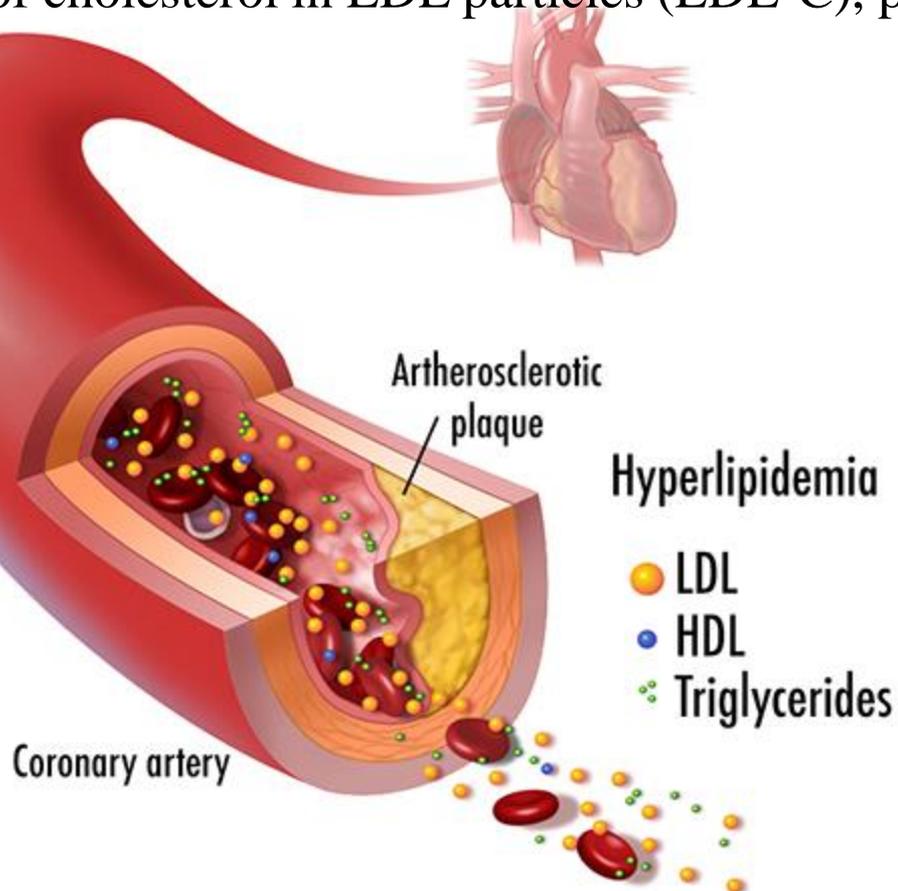


LDL (bad) / HDL (good) **LDL 1,2,3,4,5,6 / Small Dense LDL(bad) / Large LDL(ok)**

Many heart attacks occur in patients with “normal” cholesterol.

Particle number a better marker than cholesterol concentration.

The number of LDL particles (LDL-P), each with Apo B lipoprotein, and not simply the amount of cholesterol in LDL particles (LDL-C), plays a central role in atherosclerosis.

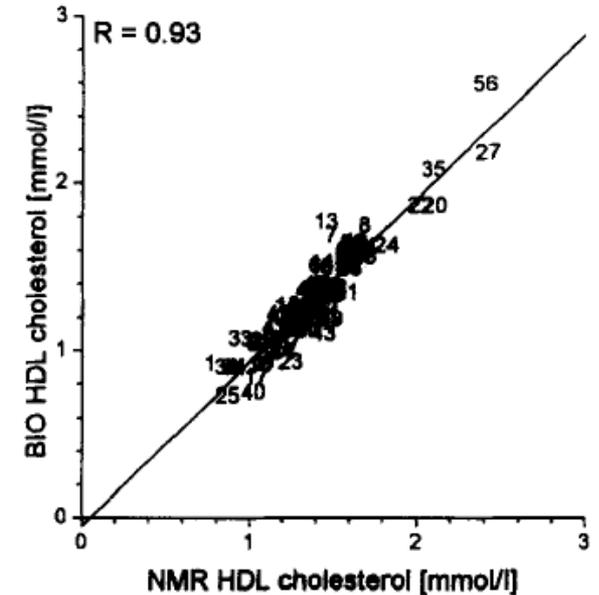
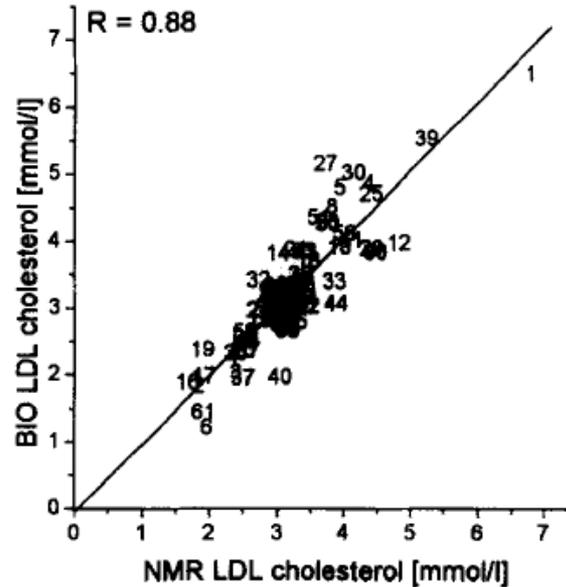
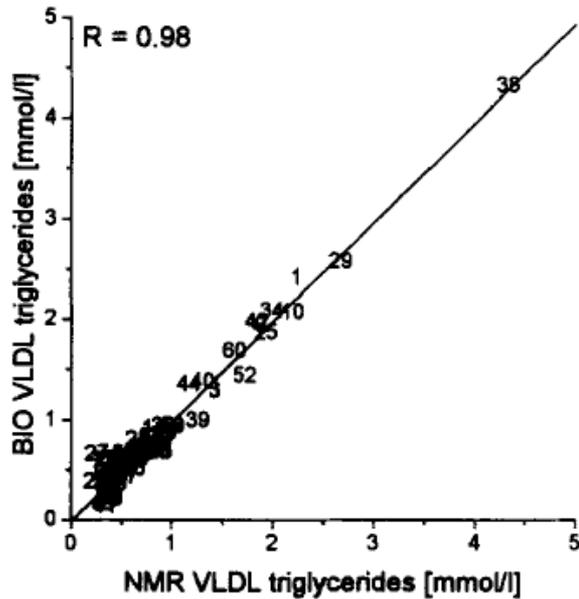




Cardiovascular diseases (CVD) – NMR tests



Comparison of VLDL, LDL and HDL Cholesterol measured by NMR and classical methods



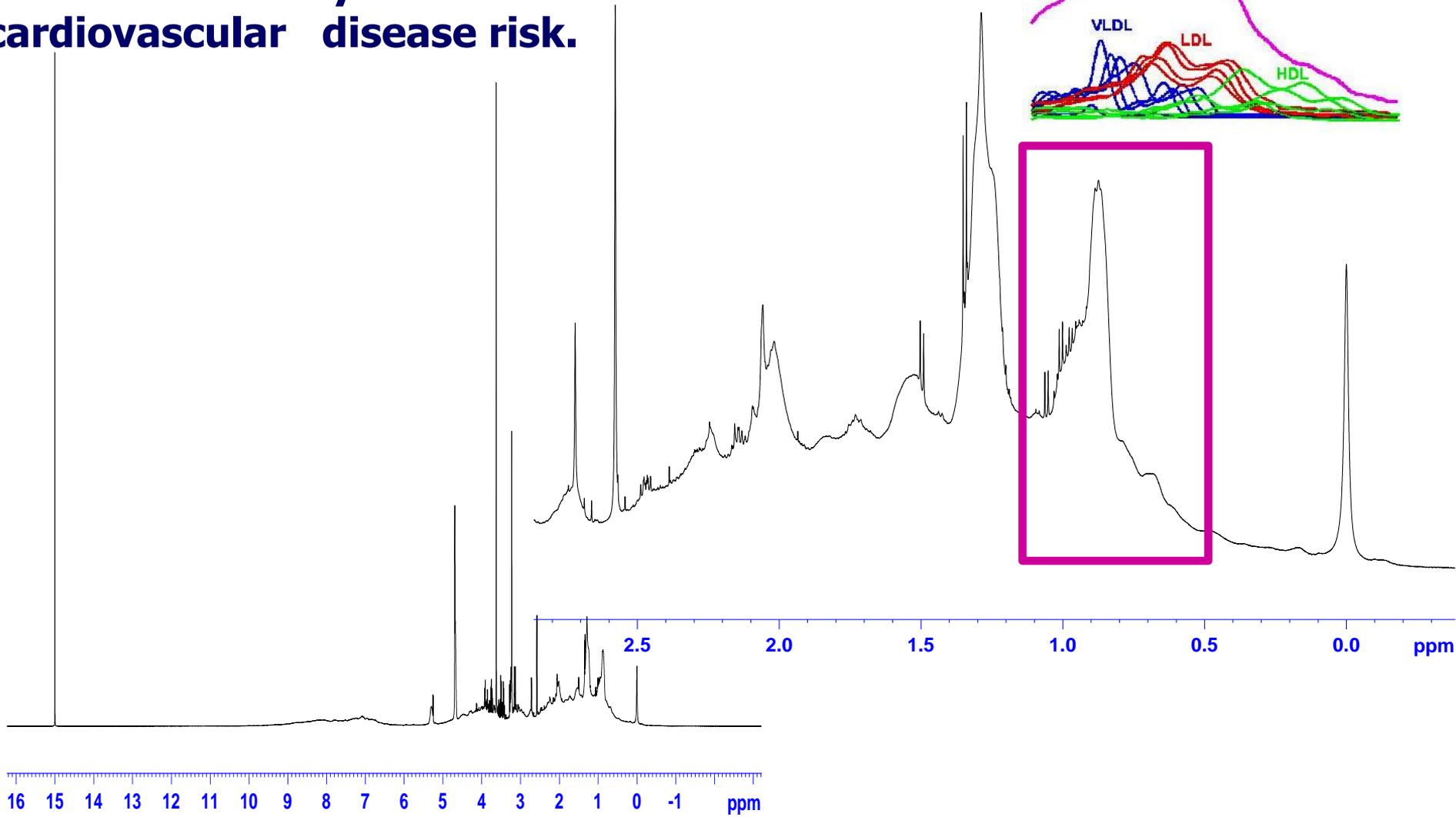
M. Ala-Korpela et al, *J. Lipid. Res.*, **1994**, 35, 2292-2304.



Cardiovascular diseases (CVD) – NMR tests



After integration of the deconvolution product, the level of each subclass is known and may be correlated to the cardiovascular disease risk.





Cardiovascular diseases (CVD) – NMR tests



After integration of the deconvolution product, the level of each subclass is known and may be correlated to the cardiovascular disease risk.

- ● Analysis Report

Bruker IVDr Lipoprotein Subclass Analysis B.I.LISA™

Sample ID: Plasma-IBPC-1-S5-Proba2-Test-20170724.100000.10r

Measuring Date: 24-Jul-2017 17:11:14

Reporting Date: 24-Jul-2017 19:19:19, 8 page(s), Version 1.0.0

Model Version: PL-5009-01/001

Disclaimer

RESEARCH USE ONLY: This is no clinical diagnostic analysis report. Must not be used for clinical (medical or IVD) diagnosis or for patient management! Additional concentration range information (95% range of model) provided numerically or graphically in this report must not be used for clinical diagnostic interpretation.

Main Parameters

Key	Parameter	Value	Unit	95% Range of Model	Graphics (*)
TPTG	TG	44	mg/dL	53 - 490	
TPCH	Chol	167	mg/dL	140 - 341	
LDCH	LDL-Chol	98	mg/dL	55 - 227	
HDCH	HDL-Chol	62	mg/dL	35 - 96	
TPA1	Apo-A1	142	mg/dL	112 - 217	
TPA2	Apo-A2	29	mg/dL	24 - 48	
TPAB	Apo-B100	62	mg/dL	48 - 160	

(*) Gray horizontal boxes represent 95% range of model, black vertical lines represent sample value.

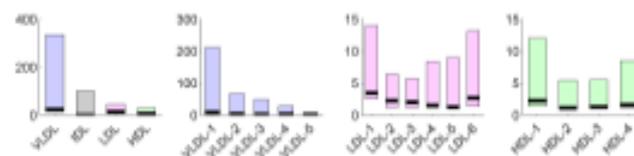
Calculated Figures

Key	Parameter	Value	Unit	95% Range of Model	Graphics (*)
LDHD	LDL-Chol/HDL-Chol	1,58	-/-	0,98 - 4,08	
ABA1	Apo-B100/Apo-A1	0,44	-/-	0,30 - 1,07	

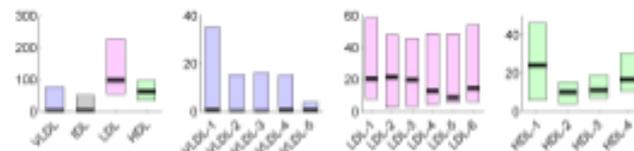
(*) Gray horizontal boxes represent 95% range of model, black vertical lines represent sample value.

Lipid Distribution Overview

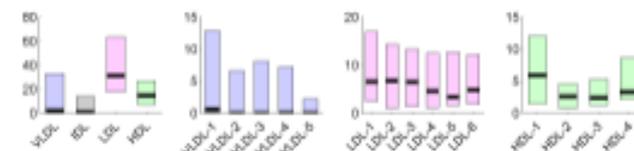
Triglycerides distribution (concentrations in mg/dL together with 95% range of model)



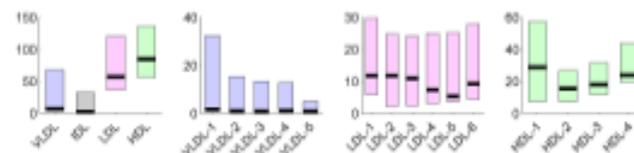
Cholesterol distribution (concentrations in mg/dL together with 95% range of model)



Free Cholesterol distribution (concentrations in mg/dL together with 95% range of model)



Phospholipids distribution (concentrations in mg/dL together with 95% range of model)





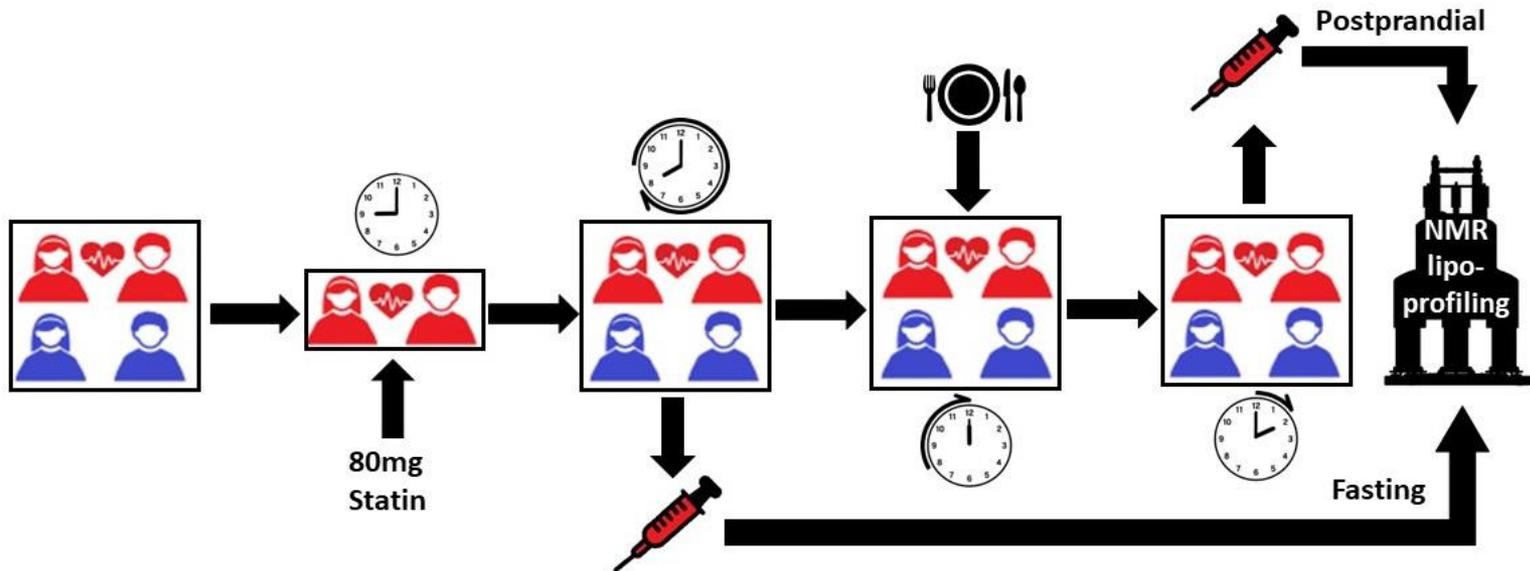
To eat or not to eat?



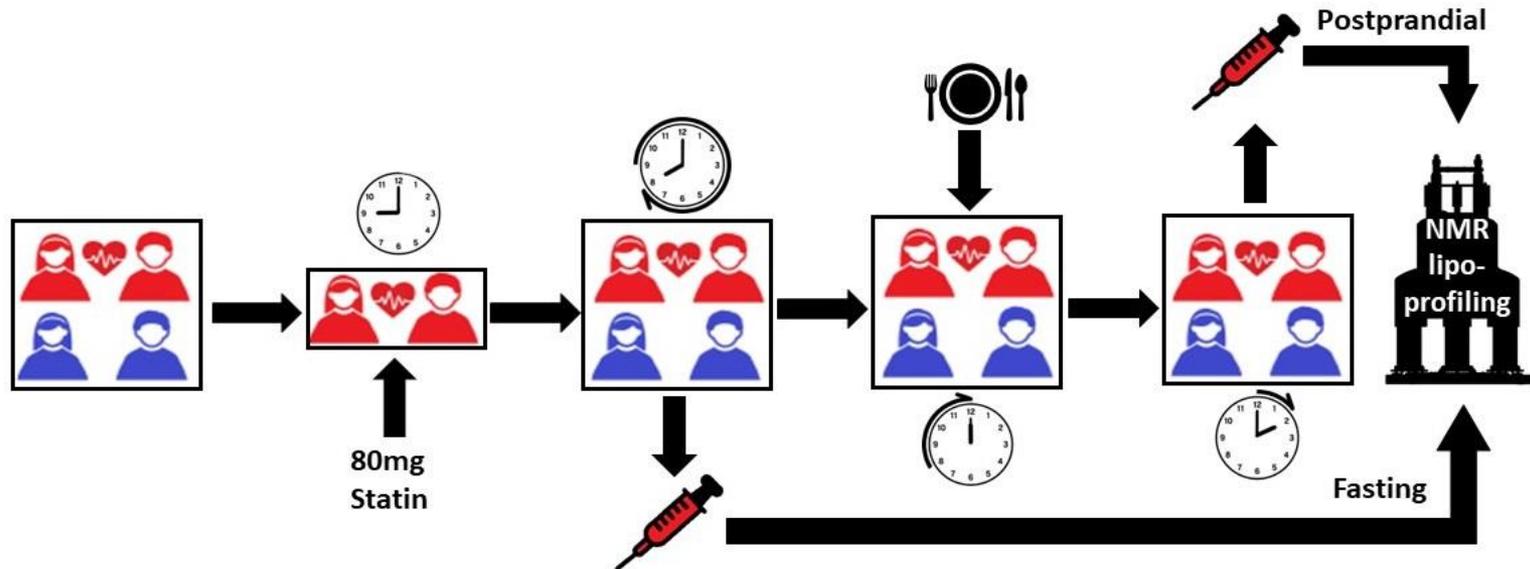
No food or drink
8 to 12 hours
prior to test.



Blood is dra
tested for tl
of glucose i



L.-A. Stanciulescu, A. Scafa, C. Duduianu, R. Stan, A. Nicolescu, M. Dorobanțu, C. Deleanu, *Diagnostics*, **2022**, *12* (7), 1675.



Total of 68 pairs of fasting/postprandial experiments (cases), out of which there were 29 controls and 39 CVD (hospitalized in a cardiovascular emergency unit).

Evaluated the effect of fasting on 16 blood metabolite conc. and 114 lipoprotein parameters.

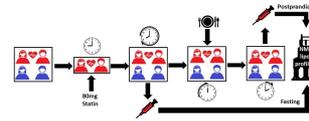


To eat or not to eat?



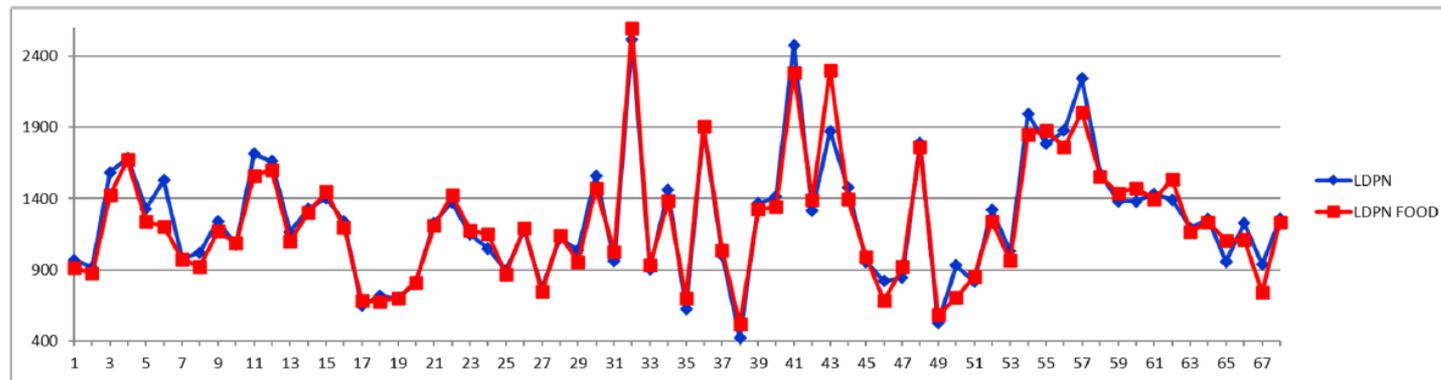
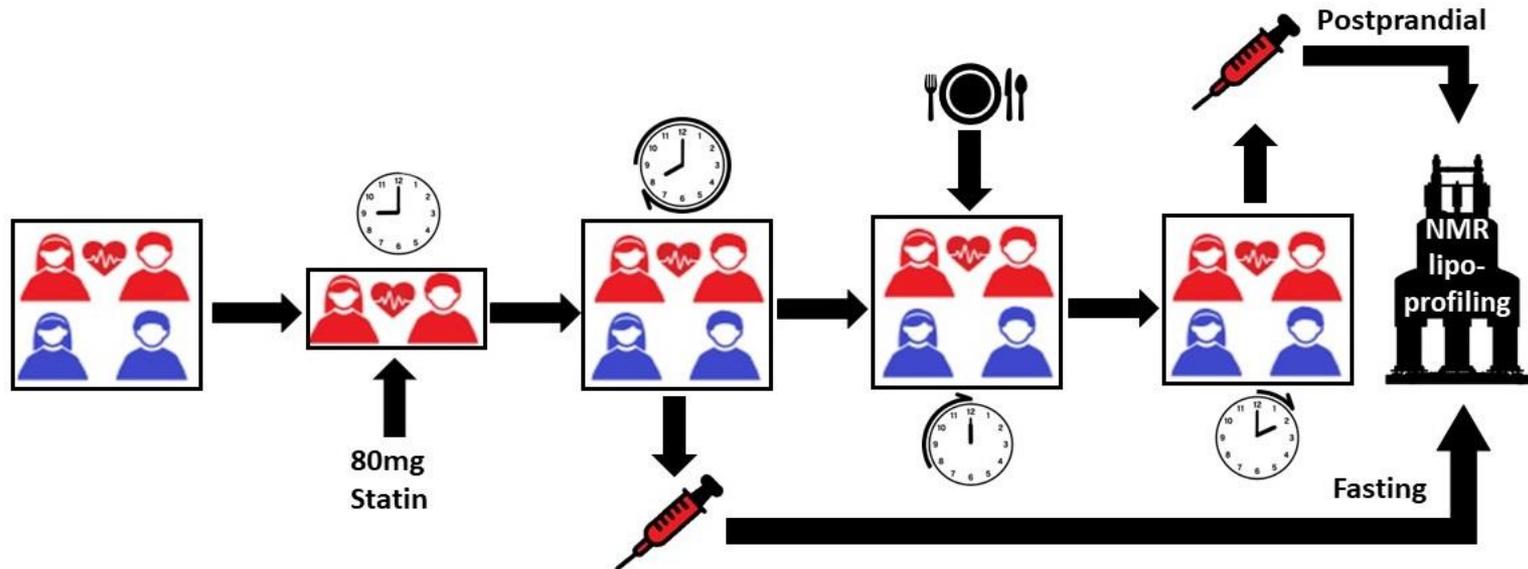
Diagnostics 2022, 12, 1675. <https://doi.org/10.3390/diagnostics12071675>

<https://www.mdpi.com/journal/diagnostics>

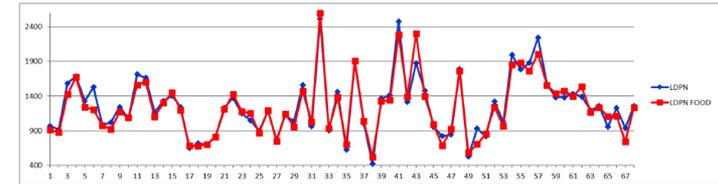
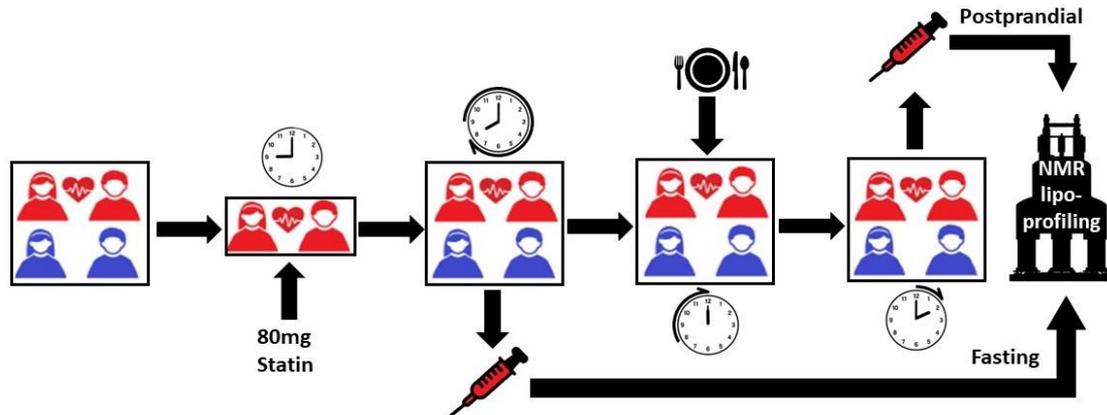


Total of 68 pairs of fasting/postprandial experiments (cases), out of which there were 29 controls and 39 CVD (hospitalized in a cardiovascular emergency unit).

Evaluated the effect of fasting on 16 blood metabolite conc. (alanine (Ala), creatinine (Crn), glutamine (Glut), glycine (Gly), histidine (His), isoleucine (i-Leu), phenylalanine (Phe), tyrosine (Tyr), valine (Val), acetic acid (Ac), formic acid (For), lactic acid (Lac), pyruvic acid (Pyr), and glucose (Gluc)), and 114 lipoprotein parameters (Total Triglycerides (TPTG), Total Cholesterol (TPCH), Total Apo-A1 (TPA1), Total Apo-A2 (TPA2), Total Apo-B100 (TPAB), ApoB100/ApoA1 (ABA1), Total Particle number (TPPN)), High-Density Lipoproteins (HDL-Apo-A1 (HDA1), HDL-Apo-A2 (HDA2), HDL-Cholesterol (HDCH), HDL-Free cholesterol (HDFC), HDL-Phospholipids (HDPL), HDL-Triglycerides (HDTG)), Low-Density Lipoproteins (LDL-Apo-B100 (LDAB), LDL-Cholesterol (LDCH), LDL-Free cholesterol (LDFC), LDL-Phospholipids (LDPL), LDLParticle number (LDPN), LDL-Triglycerides (LDTG), LDL-chol/HDL-chol ratio (LDHD)), Intermediate-Density Lipoproteins (IDL-Apo-B100 (IDAB), IDL-Cholesterol (IDCH), IDLFree cholesterol (IDFC), IDL-Phospholipids (IDPL), IDL-Particle number (IDPN), IDLTriglycerides (IDTG)), Very Low-Density Lipoproteins (VLDL-Apo-B100 (VLAB), VLDLCholesterol (VLCH), VLDL-Free cholesterol (VLFC), VLDL-Phospholipids (VLPL), VLDLParticle number (VLPN), VLDL-Triglycerides (VLTG), and up to 6 subfractions on each main parameter).



Total LDL particle number (LDPN) (nmol/L) in fasting (blue) and postprandial (red) status for control cases (1–29) and CVD cases (30–68).



CONCLUSIONS:

There were no significant changes before and after food intake in both groups regarding most tested parameters, with the exception of glucose and triglycerides, where increased values were observed after food intake in both groups. Thus, even though feeding-induced trends have been observed for several parameters, with the exception of triglycerides, the magnitude of the effects should not affect the decision on CVD patients' management in emergency units.

Our findings strengthen the idea that the old paradigm of imposing fasting prior to blood sampling for CVD assessment purposes is no longer valid.

L.-A. Stanciulescu, A. Scafa, C. Duduianu, R. Stan, A. Nicolescu, M. Dorobanțu, C. Deleanu, *Diagnostics*, **2022**, 12 (7), 1675.



**Structure
elucidation of
isolated
compounds**

**Foods/Plant
metabolism**

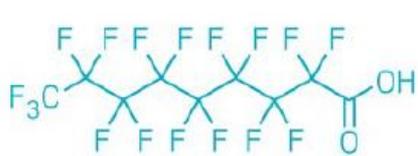
**Rare metabolic
diseases**

**Cardiovascular
conditions**

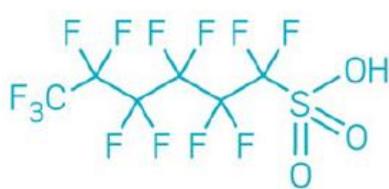
**Environment /
Pollutants and
health effects**



Poly- and perfluoroalkyl substances (PFAS)



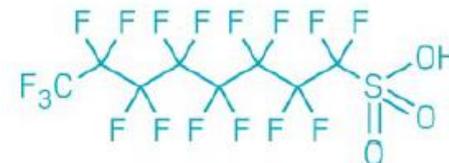
PFNA



PFHxS



PFOA



PFOS

- synthetic chemicals found in numerous products including textiles, fire-fighting foams, electronics, and food packaging.
- have the ability to repel water and grease.



NMR lipidomics – PFAS pollutants

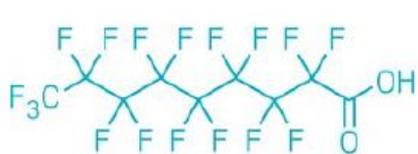


Percentage of packages testing positive in 400 tested packages used in fast-food restaurants in US (2014-15).

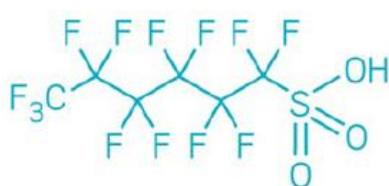




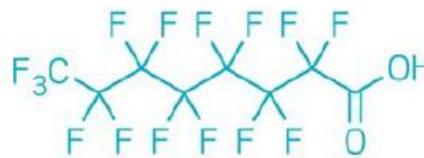
Poly- and perfluoroalkyl substances (PFAS)



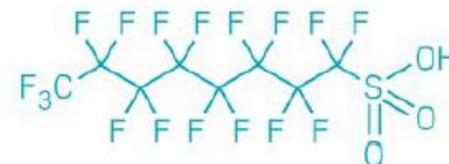
PFNA



PFHxS



PFOA



PFOS

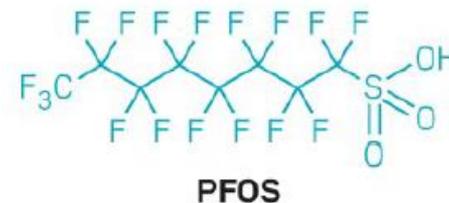
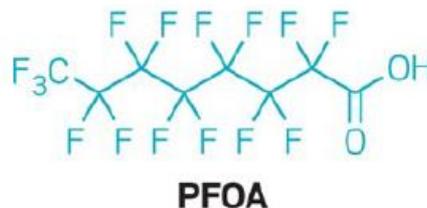
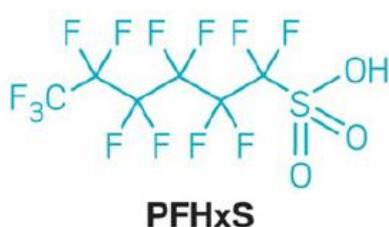
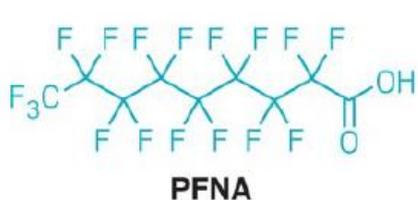
- synthetic chemicals found in numerous products including textiles, fire-fighting foams, electronics, and food packaging.
- have the ability to repel water and grease.
- persist in the environment and contaminate drinking water supplies and food.

Exposure to certain PFAS is linked to:

- immune and hormone disorders;
- decrease people's immune system response to vaccinations;
- increased cholesterol (the main health effect).



Pollutants poly- and perfluoroalkyl substances (PFAS)



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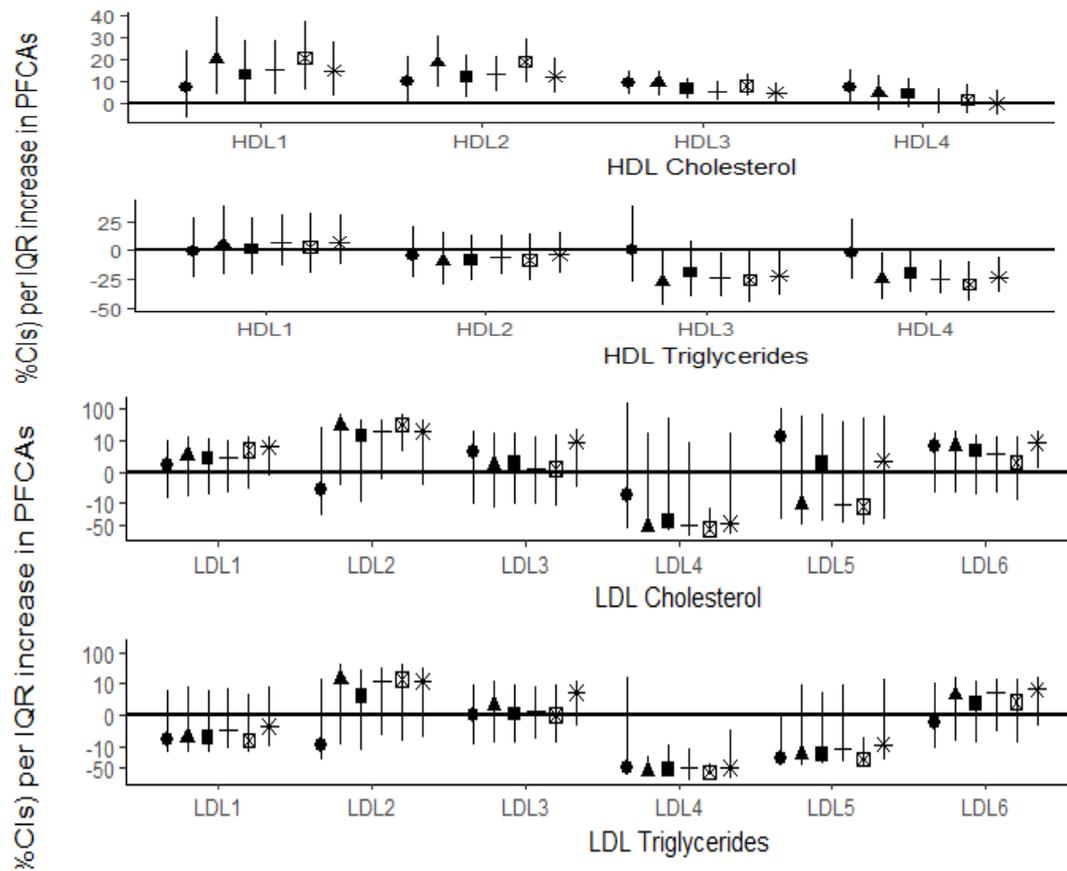
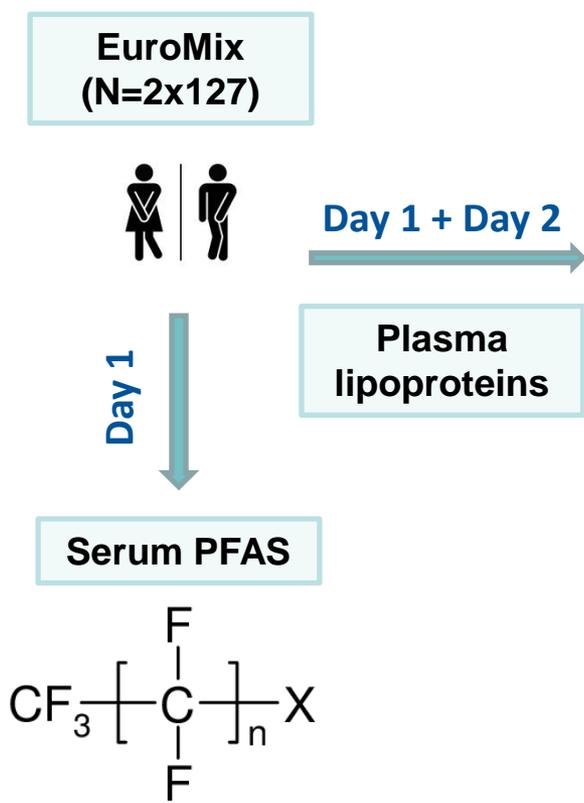
- immune and hormone disorders;
- decrease people's immune system response to vaccinations;
- **increased cholesterol (the main health effect).**



NMR lipidomics – PFAS pollutants



Lipoprotein profiles associated with exposure to poly- and perfluoroalkyl substances





**Structure
elucidation of
isolated
compounds**

**Foods/Plant
metabolism**

**Rare metabolic
diseases**

**Cardiovascular
conditions**

**Environment /
Pollutants and
health effects**

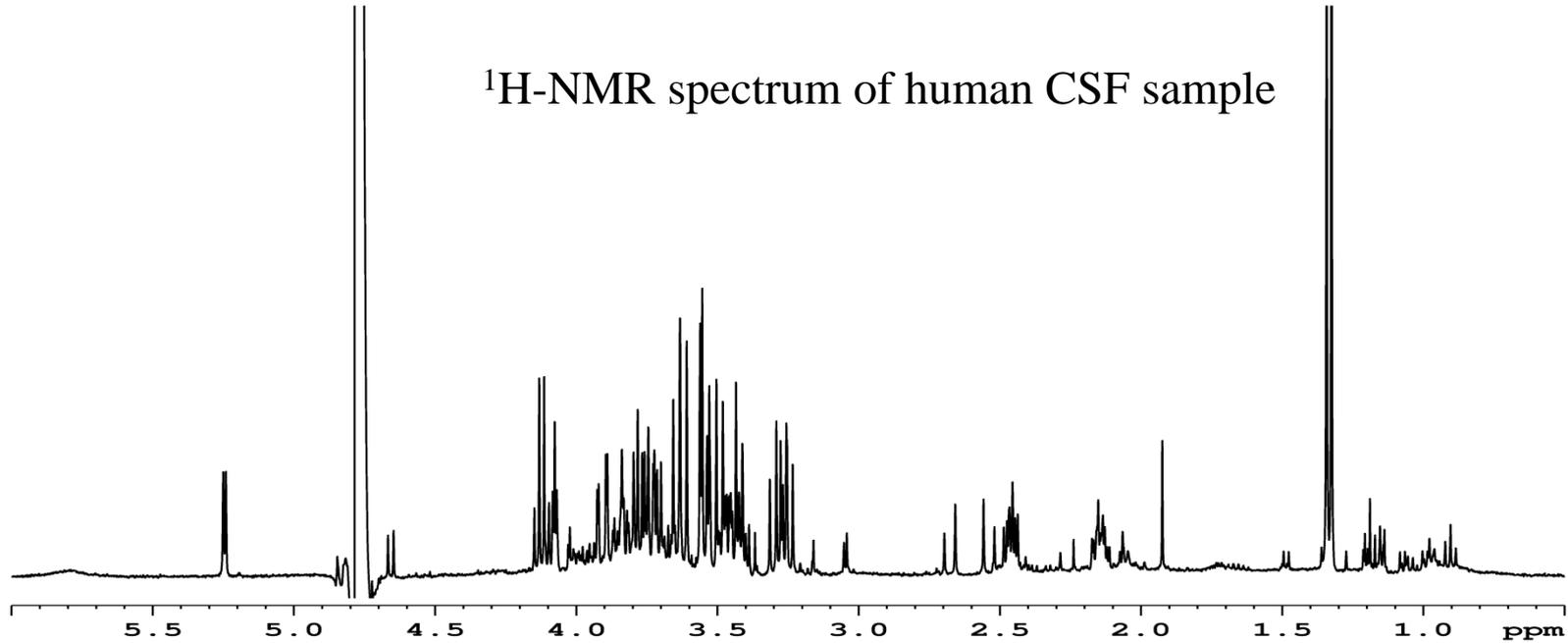
**Markers for Central
Nervous System
Diseases**



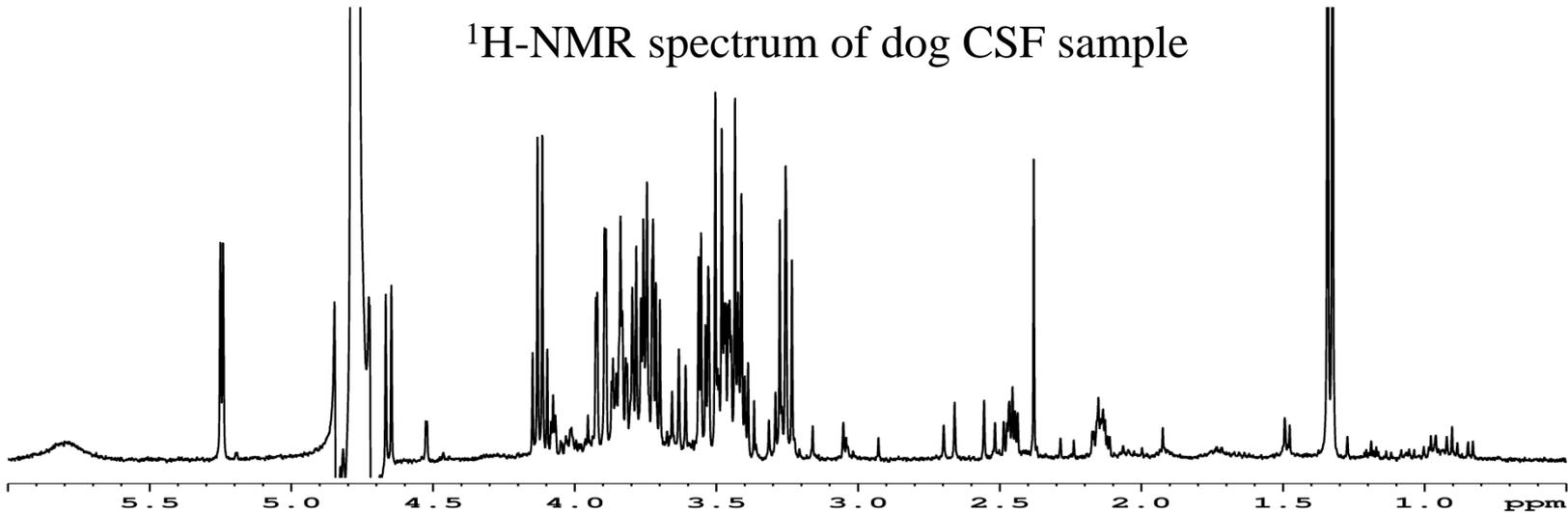
Cerebrospinal fluid (CSF)



^1H -NMR spectrum of human CSF sample



^1H -NMR spectrum of dog CSF sample





Cerebrospinal fluid (CSF)



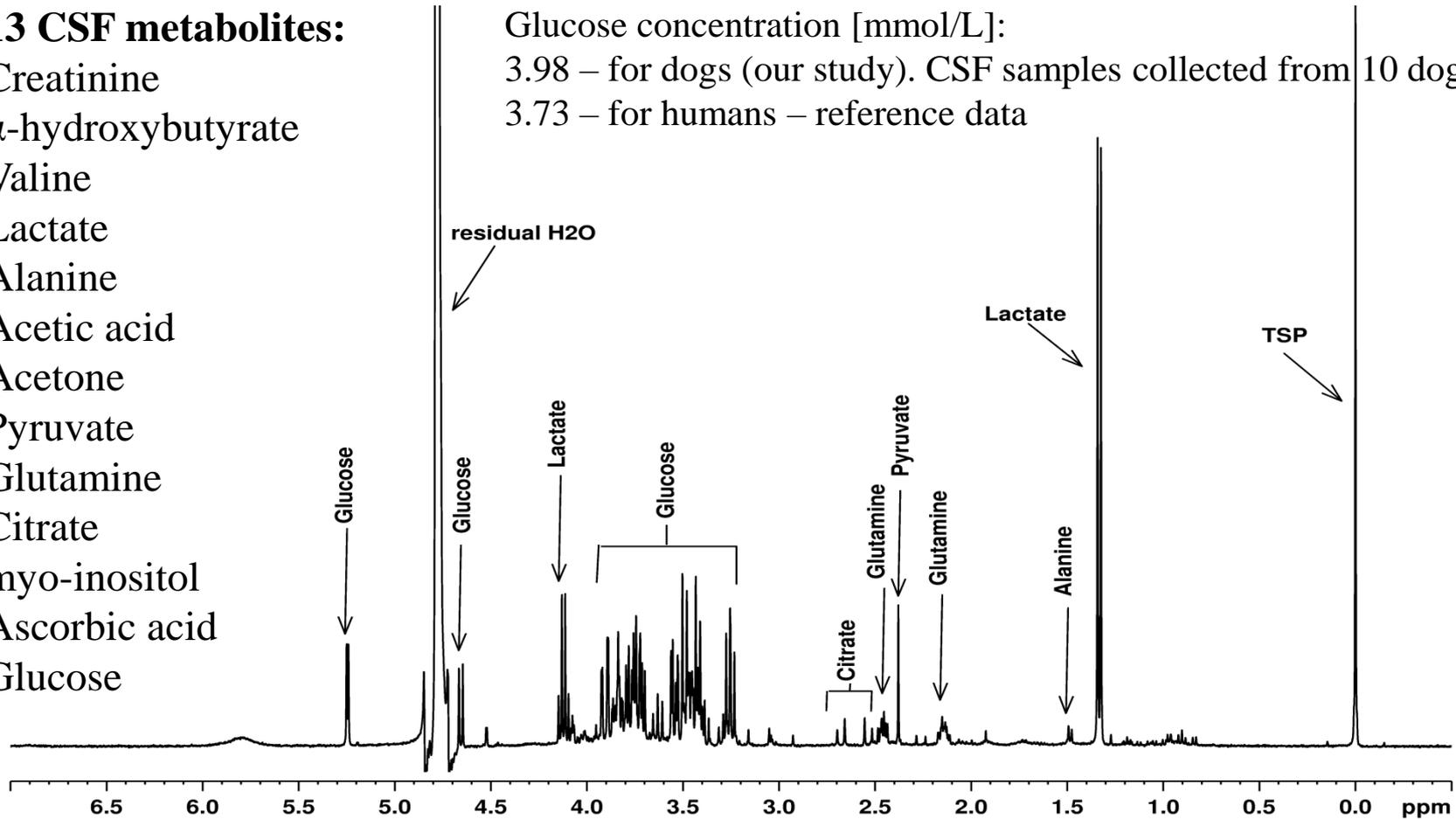
13 CSF metabolites:

- Creatinine
- α -hydroxybutyrate
- Valine
- Lactate
- Alanine
- Acetic acid
- Acetone
- Pyruvate
- Glutamine
- Citrate
- myo-inositol
- Ascorbic acid
- Glucose

Glucose concentration [mmol/L]:

3.98 – for dogs (our study). CSF samples collected from 10 dogs.

3.73 – for humans – reference data



^1H NMR spectrum of dog CSF. Some of the major metabolites are labeled.

Dog CSF study as model for human Central Nervous System Diseases

M. Musteata, A. Nicolescu, G. Solcan, C. Deleanu, "The ^1H NMR profile of healthy dog cerebrospinal fluid", *Plos One*, **2013**, 8 (12), e81192.





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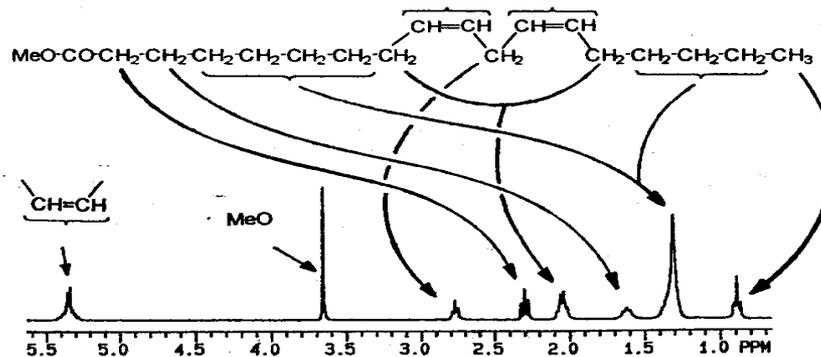
Edible oils



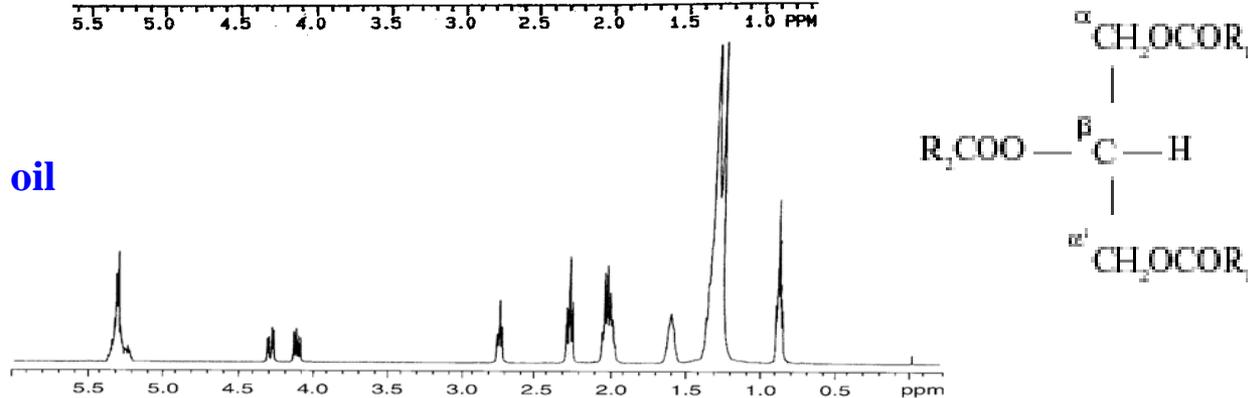
Edible oils



**^1H NMR (300 MHz, CDCl_3)
Methyl linoleate ($\text{C}_{18}:2$)**

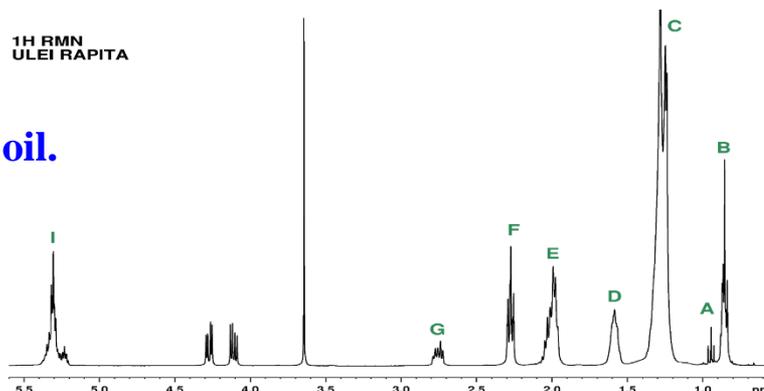


^1H NMR (300 MHz, CDCl_3) Olive oil



C. Deleanu, C. Enache, M. T. Caproiu, G. Cornilescu, A. Hirtopeanu, *Rev. Chim.*, **1994**, 45 (12), 1046-1052.

^1H -NMR (400 MHz, CDCl_3) Canola oil.



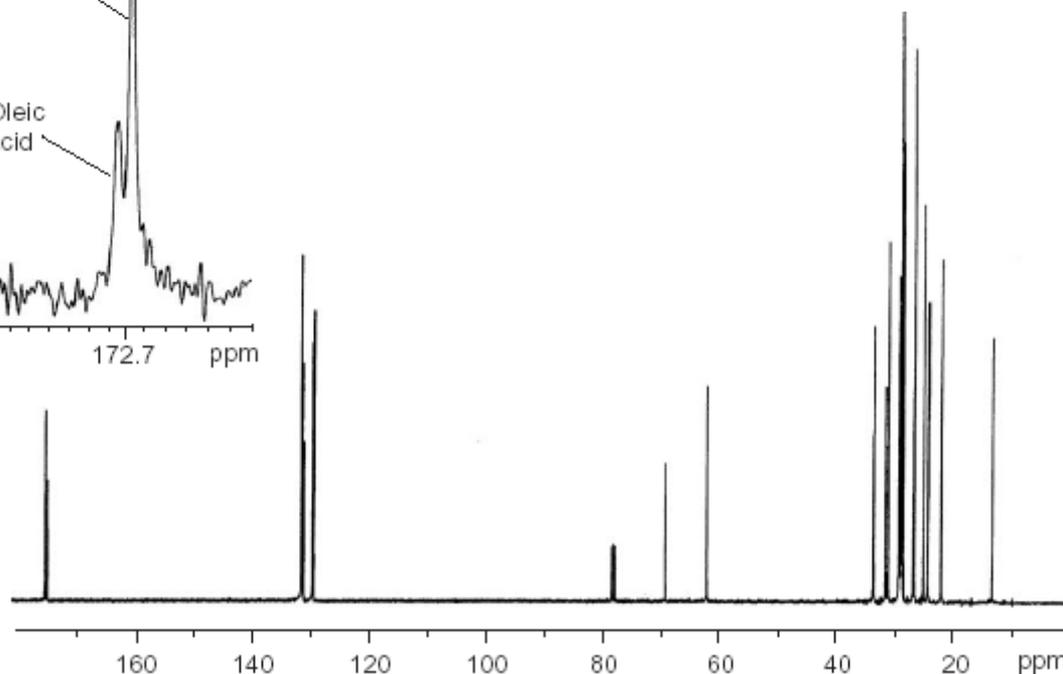
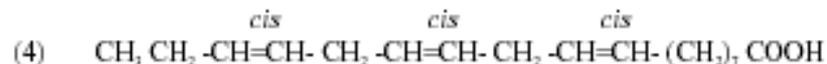
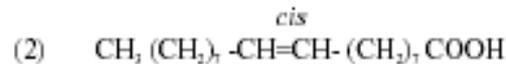
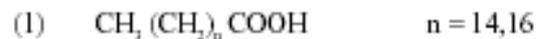
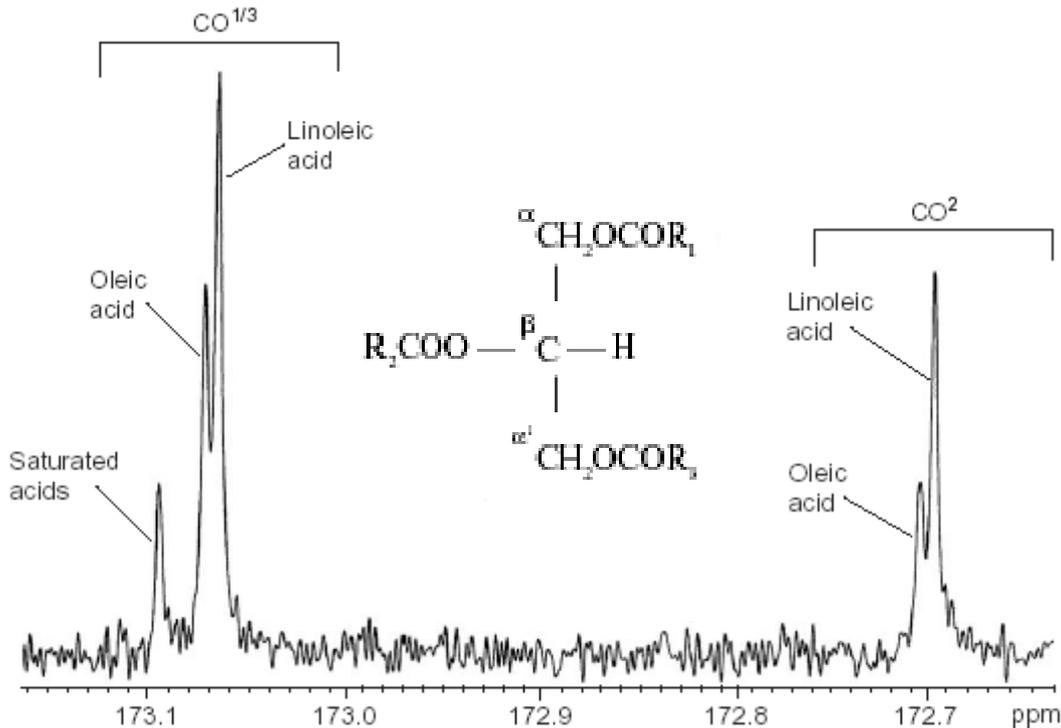
N.-A. Chira, M.-C. Todasca, A. Nicolescu, A. Rosu, M. Nicolae, S.-I. Rosca, *Rev. Chim.*, **2011**, 62, 42-46.



Edible oils



Fatty acids composition on 1,2 versus 3 positions



$^{13}\text{C-NMR}$ of olive oil.



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**Markers for Central
Nervous System
Diseases**

Edible oils



L.-A. Stanciulescu, et al, “Diabetes-induced lipid panel particularities in hypertensive patients: A pilot NMR spectroscopy study”, *J. Hypertens. Res.*, **2022**, 8 (4), 129-136.

L.-A. Stanciulescu, et al, “Lipoprofilering Assessed by NMR Spectroscopy in Patients with Acute Coronary Syndromes: Is There a Need for Fasting Prior to Sampling?”, *Diagnostics*, **2022**, 12, 1675.

E. Papadopoulou, et al, “Lipoprotein profiles associated with exposure to poly- and perfluoroalkyl substances (PFASs) in the EuroMix human biomonitoring study”, *Environ. Pollution*, **2022**, 308, 119664.

C. Stavarache, et al, “A Real-Life Reproducibility Assessment for NMR Metabolomics”, *Diagnostics*, **2022**, 12, 559.

A. Nicolescu, et al, “Monitoring Methylmalonic Aciduria by NMR Urinomics”, *Molecules*, **2020**, 25, 5312.

A. Nicolescu, et al, “Diagnosis of Inborn Metabolic Disorders Assisted by NMR Spectroscopy – Recent Cases from Institute of Mother and Child Chisinau”, *Bul. Perinatol.*, **2020**, 1 (86), 107-111.

R. Vulturar, et al, “A Severe Neonatal Argininosuccinic Aciduria Case Investigated by ^1H NMR Spectroscopy”, *Rev. Chim.*, **2020**, 71 (3), 210-218.

A. Grama, et al, “Novel Mutation in GALT Gene in Galactosemia Patient with Group B Streptococcus Meningitis and Acute Liver Failure”, *Medicina*, **2019**, 55, 91.

M. Musteata, et al, “The ^1H NMR Profile of Healthy Dog Cerebrospinal Fluid”, *Plos One*, **2013**, 8, e81192.

A. Nicolescu, et al, “The Effect of Therapeutic Doses of Paracetamol and Aspirin on the NMR Profile of Urine at 400 MHz”, *Rev. Roum. Chim.*, **2012**, 57 (7-8), 653-658.

A. Nicolescu, et al, “Diagnosis of Type II Diabetes based on Non-glucose Regions of ^1H NMR Spectra of Urine. A metabolomic approach”, *Rev. Chim.*, **2011**, 62 (12), 1150-1153.

L.-I. Stefan, et al, “ ^1H -NMR Urine Metabolic Profiling in Type I Diabetes Mellitus”, *Rev. Roum. Chim.*, **2010**, 55, (11-12), 1033-1037.

C. Ciurtin, et al, “Metabolic Profiling of Urine by ^1H -NMR Spectroscopy. A Critical Assessment of Interpreting Metabolite Concentrations for Normal and Diabetes Groups”, *Rev. Chim.*, **2007**, 58 (1), 51-55.



Alina Nicolescu

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Thank you!